

GREATER MIDLAND

Promote Vitality. Build Belonging. Serve with Heart.

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Greater Midland
Corporate Wellness

Location
Midland, MI

Salary
Starting at \$18 per hour

Schedule
Availability within hours of operations: Monday – Thursday 5AM to 9PM, Friday 5AM to 8PM, and Saturday 7AM to 1PM

Why You Should Apply

As a part-time (0 – 24 hrs./wk.) employee at Greater Midland, you receive:

- > The opportunity to make a lasting impact on families while gaining valuable hands-on experience.
- > On-the-job training!
- > A free premier membership at any of our centers with the ability to upgrade to a family membership.
- > Discounts on Greater Midland programs and services.

(Job Code: GM2024)

Personal Trainer

The Position

Under the direction of the Wellness Manager, a Personal Trainer provides wellness expertise and guidance to Greater Midland personal training clients and members. Must maintain high personal standards and adhere to and carry out the mission and values of Greater Midland.

Major Job Responsibilities

- > Answer questions on the mental, physical, and dietary aspects of wellness and/or find the answers when necessary.
- > Work with a variety of people across all ages and abilities.
- > Develop and implement programs aimed at achieving an individual client's goals.
- > Strong communication with clients coupled with flexibility to accommodate scheduling requests.
- > Various hours that may include early mornings, late evenings, and weekends.
- > Utilize RecTrac and ADP to accurately report personal training statistics.
- > Complete, in a timely manner, all requests from supervisor to ensure member satisfaction while adhering to existing process and procedures.
- > Keep all certifications up to date as applicable.
- > Maintain proper dress code

Qualifications

- > CPR & First Aid certifications
- > Excellent People Skills
- > Bachelor's Degree in Exercise Science or Health Science Preferred
- > NCCA accredited Personal Training certification

More Information About Greater Midland: Greater Midland promotes vitality and builds belonging through recreation, wellness, and social services that encourage lifelong pursuit of learning, personal fulfillment, and good health. We respect differences and promote equality for all, offering programs and services that reflect the community's needs. Founded in 1919, Greater Midland's seven operating units have grown to include Midland Community Center, Coleman Family Center, Corporate Wellness, Curling Center, North-End Fitness Center, North Midland Family Center, and Tennis Center. We employ more than 500 people country-wide and positively impact an estimated 80% of City of Midland residents with 60% of those living in Midland County. Learn more at www.greatermidland.org.