GREATER MIDLAND

MI Great Journey

VIRTUAL TREK AROUND MICHIGAN

LOG YOUR MILES!

GOAL: _____ AVERAGE MILES PER WEEK: _____

	M	TU	W	TH	F	SA	SU	TOTAL	SUBMITTED ON LINE
W1									☐
W2									☐
W3									☐
W4									☐
W5									☐
W6									☐
W7									☐
W8									☐
W9									☐
W10									☐
W11									☐
W12									☐
W13									☐
W14									☐

SUBMIT YOUR MILES ONLINE AT GREATERMIDLAND.ORG/MI-GREAT-JOURNEY