



GREATERMIDLAND
COMMUNITY
CENTER



WINTER BROCHURE 2024



1955 > 2024

Thanks for the memories!

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OUR OFFERINGS WILL BRING JOY TO EVERY MEMBER OF YOUR FAMILY!

GREATERMIDLAND.ORG/MEMBERSHIP

ONLY \$96 /MONTH
FOR THE WHOLE FAMILY

GREATER MIDLAND COMMUNITY CENTER MEMBERSHIP GUIDE

Membership Pricing	CENTER			CENTER PLUS			ALL ACCESS		
Membership Type	Youth/Young Adult	Adult	Family	Youth/Young Adult	Adult	Family	Youth/Young Adult	Adult	Family
Membership Monthly Fee	\$28	\$48	\$67	\$31	\$53	\$82	\$36	\$58	\$96
One-Time Impact Fee	\$25	\$50	\$75	\$25	\$50	\$75	\$25	\$50	\$75
Annual Membership Cost	\$361	\$626	\$879	\$397	\$686	\$1,059	\$457	\$746	\$1,227
Membership Benefits									
Wellness Center	✓	✓	✓	✓	✓	✓	✓	✓	✓
Track & Adventure Bridge	✓	✓	✓	✓	✓	✓	✓	✓	✓
Multiuse Pool (Lap/Rec)	✓	✓	✓	✓	✓	✓	✓	✓	✓
Court Sports (basketball, volleyball, pickleball etc.)	✓	✓	✓	✓	✓	✓	✓	✓	✓
Spa (whirlpool) & Dry Sauna	✓	✓	✓	✓	✓	✓	✓	✓	✓
Discounted Program Fees	✓	✓	✓	✓	✓	✓	✓	✓	✓
24/7 Fitness Center (Building Hours Only)	✓	✓	✓	✓	✓	✓	✓	✓	✓
24/7 Fitness Center (Full Access)				✓	✓	✓	✓	✓	✓
Group Fit / Virtual Classes				✓	✓	✓	✓	✓	✓
Child Watch				✓		✓	✓		✓
Family Drop-In Activities				✓		✓	✓		✓
Priority Registration							✓	✓	✓
PT Reward Program Eligibility							✓	✓	✓
Tennis Center (Access & select discounts)							✓	✓	✓
Coleman & North Family Ctr.							✓	✓	✓

✓ Amenities included in NEW Center

The Greater Midland Community Center provides scholarships on a sliding fee scale to those eligible by income. Funding is provided by United Way of Midland County. Please inquire at our Welcome Center for more information: 989.832.7937x2260 or visit greatermidland.org

CONTACTS

ACTIVE ADULTS

AMANDA EWALD 989.832.7937 EXT. 2270
AEwald@greatermidland.org

AQUATICS

TYLER MILLER 989.832.7937 EXT. 4499
TMiller@greatermidland.org

ATHLETICS & GREATER SPORTS PERFORMANCE

DEVON GILLIAM 989.832.7937 EXT. 2265
DGilliam@greatermidland.org

EARLY CHILDHOOD EDUCATION

BECCA SCHNEIDER 989.832.7937 EXT. 2312
BChauvette@greatermidland.org

GYMNASTICS, CHEER, POM, ARTS & BIRTHDAY PARTIES

MADELYN WISSEL 989.832.7937 EXT. 2264
MWissel@greatermidland.org

MEMBERSHIP

CALLY TAYLOR 989.832.7937 EXT. 2250
CTaylor@greatermidland.org

PERSONAL TRAINING & NUTRITION

MEGAN FINN 989.832.7937 EXT. 2901
Mfinn@greatermidland.org

RACES

JENNIFER ADAMCIK 989.832.7937 EXT. 2221
JAdamcik@greatermidland.org

RECREATION & SUMMER CAMPS

JENNY ROAN 989.832.7937 EXT. 2261
JRoan@greatermidland.org

VOLLEYBALL & PRESCHOOL ATHLETICS

KYLEE HERRINGTON 989.832.7937 EXT. 2263
KHerrington@greatermidland.org

WELLNESS/GROUP FITNESS

AMY WOZNIAK 989.832.7937 EXT. 2251
AWozniak@greatermidland.org

*For drop-in basketball volleyball,
badminton, pickleball, table tennis,
gymnastics, jungle gym,
Kid's Corner and swim hours,
visit greatermidland.org/community-center*

BUILDING HOURS

LABOR DAY - MEMORIAL DAY

MONDAY - FRIDAY 5:00am - 9:30pm
SATURDAY 7:45am - 7:00pm
SUNDAY 11:00am - 5:00pm

CLOSED:

New Years Eve, New Year's Day, Easter, Memorial Day, July 4th,
Labor Day, Thanksgiving, Christmas Eve and Christmas Day

IMPORTANT DATES

WINTER SESSION 1: January 2, 2024 – February 10, 2024

WINTER SESSION 2: February 11, 2024 – March 23, 2024

REGISTRATION BEGINS: Monday, December 4, 2023

SAVE MONEY! REGISTER EARLY AND AVOID A \$10 LATE FEE!



WINTER 1 \$10 Late Fee Begins:

Sunday, December 24, 2023

WINTER 2 \$10 Late Fee Begins:

Sunday, February 4, 2024

BOOK A WORKOUT

Members can secure their spot
for Group Fitness Classes

SIGN UP FOR A CLASS

KID'S CORNER

Monday-Friday: 8am-12pm • Monday-Thursday: 5:30pm-7:30pm

Saturday: 9am-11am

**Reservations highly recommended*

POLICIES

WRISTBAND POLICY:

Wristbands and/or activity passes may be required for participation in programs at the Community Center.

FAMILY MEMBERSHIPS:

A family membership is considered two adults 25+ years old and all dependents residing in the household 24 years old and under.

INCLEMENT WEATHER PLAN

GMCC may cancel classes due to inclement weather or other unforeseen circumstances such as power outage, pool malfunction, evacuation, natural disaster, etc. Classes canceled due to such will not be issued a credit or refund.

GREATER > MIDLAND

OUR OFFERINGS
WILL BRING JOY TO
EVERY MEMBER OF
YOUR FAMILY!

ONLY
\$96 /MONTH
FOR THE WHOLE FAMILY

GREATERMIDLAND.ORG/MEMBERSHIP



BUILD A HEALTHIER WORKPLACE

TOGETHER WITH
GREATER > MIDLAND

EMPLOYEE WELLNESS PROGRAM FEATURES:

- Member discounts
- Workplace challenges
- Employer match incentives
- Sponsorship opportunities

READY TO GET STARTED? **YES!**

Contact Cally Taylor at Ctaylor@greatermidland.org for additional information.



HOLD AN EVENT!

AT THE GREATER MIDLAND
COMMUNITY CENTER!



BIRTHDAY PARTIES

Party at the Center!

PACKAGES

STANDARD PACKAGE \$175: Includes 1 hour in the party room, 1-hour activity and FREE admission for the birthday child. Up to 10 participants. Additional participants \$7/each.

PARTY PLUS \$250: Includes 1 hour in the party room, two, 1-hour activities, and FREE admission for the birthday child. Up to 15 participants. Additional participants \$7/each.

ACTIVITIES: Swimming, Nerf, Gymnastics, Sports Mania, and Bounce House. Unlimited swim for \$50 more.

**50% due at booking. Final payment due a week before your event.*

LEARN MORE: GREATERMIDLAND.ORG/BIRTHDAY-PARTIES
BirthdayParties@greatermidland.org or 989.832.7937 ext. 2272

FACILITY RENTALS

ANNIVERSARIES & REUNIONS - With spaces to accommodate small and large get-togethers, and kitchen available, the Community Center is the perfect place for your group.

GYM RENTALS - The Greater Midland Community Center has 3 full-size gyms to rent by groups and organizations. Special rates are available for Community Center team practices/scrimmages. **INFO: Jenny Roan at JRoan@greatermidland.org or 989.832.7937 ext. 2261**

TEAM-BUILDING - Leadership, goal-setting, trust and communication are essential skills possessed by successful teams. We provide 3-, 5-, and 8-hour workshops with large and small group activities to equip your team with the necessary tools to develop these skills. Specialty workshops include curling events (seasonal), wellness opportunities for all skill and fitness levels. Lunch and refreshments can be provided.

INFO: Andrea Secrease at ASecrease@greatermidland.org or 989.832.7937

CURLING RENTALS - Curling season is late October to early March and group facility rentals are available during this time. Reservations are accepted beginning in September. Non-curling rentals are available April-August. Group rentals are available for special events. Clubs, schools, churches, businesses and other organizations can try this fun sport.

INFO: Kari Wedge at KWedge@greatermidland.org or 989.832.7937 ext. 2212

POOL RENTALS - The Greater Midland Community Center Oasis and East Pools are available at select times for outside group rentals. Pool rentals are great for family gatherings and special events. Pool rentals start at \$150/HR.

INFO: Tyler Miller at TMiller@greatermidland.org or 989.832.7937 ext. 4429

CONSIDER THE GREATER MIDLAND COMMUNITY CENTER FOR:

Baby & Bridal Showers
Ballroom Dancing
Birthday Parties
Family Reunions
Anniversaries
Meetings
Wedding Receptions & MORE!

WE CAN ACCOMMODATE UP TO 200 GUESTS

SPACE RENTAL STARTING AT \$35 PER HOUR



FOR MORE INFO CONTACT KARI WEDGE:
989.832.7937 X2212
KWEDGE@GREATERMIDLAND.ORG

PRESCHOOL PROGRAMS

PRESCHOOL AQUATICS



AQUA BABIES

AGES: 6 MONTHS - 1.5 YEARS

This class will introduce you and your child to basic water skills. The goals of this class will include water adjustment, beginning swimming techniques, and water safety. These will be achieved through games, songs, and play. Bonding and interaction will be an important component of Aqua Babies. This class requires one adult to accompany each child in the water. **Email EVermette@greatermidland.org or TMiller@greatermidland.org if you have any questions or concerns.**

WINTER 1				Member/Participant
1/8 - 2/5	21100-A	M	4:30pm - 5:00pm	\$62/\$82
1/3 - 2/7	21100-B	W	4:30pm - 5:00pm	\$74/\$98
1/6 - 2/10	21100-C	Sa	9:00pm - 9:30am	\$74/\$98
WINTER 2				
2/12 - 3/18	21100-E	M	4:30pm - 5:00pm	\$74/\$98
2/14 - 3/20	21100-F	W	4:30pm - 5:00pm	\$74/\$98
2/17 - 3/23	21100-G	Sa	9:00am - 9:30am	\$74/\$98

GUPPIES

AGES: 1.5-2.5 YEARS

This class will be an introduction to basic skills that lay a foundation for learning to swim. Together you and your child will learn many skills and safety techniques such as blowing bubbles, strong kicks, and entering/exiting the water. These will be achieved through games, songs, and play. This class requires one adult to accompany each child in the water. **Email EVermette@greatermidland.org or TMiller@greatermidland.org if you have any questions or concerns.**

WINTER 1				Member/Participant
1/8 - 2/5	21200-A	M	5:05pm - 5:35pm	\$62/\$82
1/3 - 2/7	21200-B	W	5:05pm - 5:35pm	\$74/\$98
1/6 - 2/10	21200-C	Sa	9:35am - 10:05am	\$74/\$98
WINTER 2				
2/12 - 3/18	21200-E	M	5:05pm - 5:35pm	\$74/\$98
2/14 - 3/20	21200-F	W	5:05pm - 5:35pm	\$74/\$98
2/17 - 3/23	21200-G	Sa	9:35am - 10:05am	\$74/\$98

PARENT - CHILD CLASSES

We offer several different parent-child programs to meet a variety of needs. These classes are designed to teach the adult skills and approaches to help his/her child feel safe in the water, acquire necessary swimming skills, enjoy time together, and have fun.

THINGS YOU NEED TO KNOW BEFORE YOUR FIRST CLASS:

1. No make-ups will be given for any missed classes.
Swim class fees do not include admittance to any open swim times.
2. Please bring hair ties or clips for hair that will hang in the face when wet.
3. Please remove street shoes before entering pool area.
4. Please be sure the student uses the bathroom before class, especially younger students that may need help.
5. Flotation devices will be provided for the children when needed. You do not need to bring a flotation device of any kind.



GOLDFISH

AGES: 2.5-3.5 YEARS

This class will get your child ready to move on to our Learn to Swim Lessons. This class will focus on safety and confidence in the water. Goldfish will introduce using a kickboard, noodle, and float pack while swimming. Toddlers will develop skills through songs, games, and play. This class requires one adult to accompany each child in the water. **Email EVermette@greatermidland.org or TMiller@greatermidland.org if you have any questions or concerns.**

WINTER 1				Member/Participant
1/8 - 2/5	21300-A	M	5:40pm - 6:10pm	\$62/\$82
1/3 - 2/7	21300-B	W	5:40pm - 6:10pm	\$74/\$98
1/6 - 2/10	21300-C	Sa	10:10am - 10:40am	\$74/\$98
WINTER 2				
2/12 - 3/18	21300-E	M	5:40pm - 6:10pm	\$74/\$98
2/14 - 3/20	21300-F	W	5:40pm - 6:10pm	\$74/\$98
2/17 - 3/23	21300-G	Sa	10:10am - 10:40am	\$74/\$98

REGISTER NOW

PRESCHOOL GYMNASTICS



HOPPERS

AGES: 2-3.5 YEARS

This parent-assisted class encourages basic gymnastics fundamentals. They will practice jumps, rolls, balance, and grip strength. Children at this age should begin to skip, hop on one foot and attempt somersault. Each week will introduce a fun theme to go along with their lessons!

WINTER 1				Member/Participant
1/2 - 2/6	27005-A	Tu	5:00pm - 5:30pm	\$62/\$83
1/3 - 2/7	27005-B	W	9:25am - 9:55am	\$62/\$83
1/4 - 2/8	27005-C	Th	5:00pm - 5:30pm	\$62/\$83
1/6 - 2/10	27005-D	Sa	9:00am - 9:30am	\$62/\$83

WINTER 2				Member/Participant
2/13 - 3/19	27005-E	Tu	5:00pm - 5:30pm	\$62/\$83
2/14 - 3/20	27005-F	W	9:25am - 9:55am	\$62/\$83
2/15 - 3/21	27005-G	Th	5:00pm - 5:30pm	\$62/\$83
2/17 - 3/23	27005-H	Sa	9:00am - 9:30am	\$62/\$83

TUMBLE JUNGLE

AGES: 3.5-4 YEARS

This class introduces independence and teaches social and listening skills. They will also be introduced to gymnastics with basics of coordination, strength, and flexibility. This class will also introduce vault, bars, beam, and floor. Each class will have a theme to make the class more engaging and fun.

WINTER 1				Member/Participant
1/2 - 2/6	27010-A	Tu	5:35pm - 6:20pm	\$74/\$98
1/4 - 2/8	27010-B	Th	5:35pm - 6:20pm	\$74/\$98
1/6 - 2/10	27010-C	Sa	9:35am - 10:20am	\$74/\$98

WINTER 2				Member/Participant
2/13 - 3/19	27010-D	Tu	5:35pm - 6:20pm	\$74/\$98
2/15 - 3/21	27010-E	Th	5:35pm - 6:20pm	\$74/\$98
2/17 - 3/23	27010-F	Sa	9:35am - 10:20am	\$74/\$98

[REGISTER NOW](#)

PRESCHOOL ATHLETICS

MINI SPORTS SAMPLER

AGES 2-3 YEAR

Children are invited to participate in a program that will introduce them to new sports, games and fitness activities! Games, races, relays and drills will show the youngsters the wide world of sports.

WINTER 1				Member/Participant
1/8 - 2/5	28537-C	M	4:35pm - 5:05pm	\$55/\$69
1/2 - 2/6	28537-A	Tu	5:10pm - 5:40pm	\$62/\$73
1/6 - 2/10	28537-B	Sa	10:00am - 10:30am	\$62/\$73



MINI KICK, CATCH & THROW

AGES: 2 - 3 YEARS

Through a range of developmentally appropriate activities, children will be introduced to the fundamentals of kicking, catching, throwing and teamwork. Children will learn to share, cooperate, take turns, and experience personal success through movement in a physical education atmosphere.

WINTER 2				Member/Participant
2/12 - 2/18	28535-C	M	4:35pm - 5:05pm	\$62/\$83
2/13 - 3/19	28535-A	Tu	5:10pm - 5:40pm	\$62/\$83
2/17 - 3/23	28535-B	Sa	10:00am - 10:30am	\$62/\$83

PEE WEE HOOP STARS BASKETBALL

AGES: 3 - 5 YEARS

Children are invited to participate in 45-minutes of basketball fun! Games, races, relays and drills will help introduce your child to world of basketball.

WINTER 1				Member/Participant
1/8 - 2/5	27105-C	M	5:10pm - 5:55pm	\$63/\$81
1/2 - 2/6	27105-A	Tu	5:45pm - 6:30pm	\$74/\$98
1/6 - 2/10	27105-B	Sa	10:35am - 11:20am	\$74/\$98

PEE WEE SPORTS SAMPLER

AGES: 3 - 5 YEARS

Children are invited to participate in a program that will introduce them to new sports and games! Games, races, relays and drills will show the youngsters the wide world of sports.

WINTER 2				Member/Participant
2/12 - 3/18	27102-C	M	5:10pm - 5:55pm	\$74/\$98
2/13 - 3/19	27102-A	Tu	5:45pm - 6:30pm	\$74/\$98
2/17 - 3/23	27102-B	Sa	10:35am - 11:20am	\$74/\$98

[REGISTER NOW](#)

PRESCHOOL PLAY & DEVELOPMENT



PLAY, LEARN AND GROW 1 AGES: 1-2.5 YEARS

This parent/child class has every aspect of your little one's development covered -- from social interaction to physical activity to cognitive learning, and there's plenty of time for play! We will build strength and coordination through play! Songs, props, and teacher-led activities provide an engaging class experience, while giving parents fun tips and tools they can take home. Form friendships with other parents and watch how your child experiences their first social play time.

WINTER 1
1/2 - 2/6 28531-A Tu 4:35pm - 5:05pm **Member/Participant**
\$62/\$83

PLAY, LEARN AND GROW 2 AGES: 1-2.5 YEARS

This parent/child class has every aspect of your little one's development covered -- from social interaction to physical activity to cognitive learning, and there's plenty of time for play! Let your toddler take the lead in this fun, fast paced, and engaging play class. All activities are designed to explore opposites, like Stop and Go! Watch your child play, learn and grow while moving across the equipment and exploring. Teacher-led activities support the play that's happening naturally, providing opportunities for children to grow their confidence and skills.

WINTER 2
2/13 - 3/19 28533-B Tu 4:35pm - 5:05pm **Member/Participant**
\$62/\$83
2/17 - 3/23 28533-A Sa 8:25am - 8:55am \$62/\$83

REGISTER NOW

YOUTH PROGRAMS

YOUTH WELLNESS/FITNESS

TEEN FITNESS POLICY

Equipment orientation is required for youth participants. 12 & 13 year olds can access free motion, life fitness circuit and cardio equipment only. Full access to the Wellness Center is allowed at age 14 and higher.

INFO & ORIENTATION: Amy Wozniak at AWozniak@greatermidland.org or 989.832.7937 ext.2251



YOUTH GYMNASTICS

INTRO TO GYMNASTICS AGES: 5-7 YEARS

Great for beginners! Learn the basics of floor skills including cartwheels, jumps, rolls, and handstands. Skills on the beam, bars, vault and trampoline will be introduced. Must be able to do a forward roll in order to enroll in Intro.

WINTER 1
1/8 - 2/5 27020-A M 5:00pm - 5:55pm **Member/Participant**
\$72/\$96
1/3 - 2/7 27020-B W 5:00pm - 5:55pm \$87/\$116
1/6 - 2/10 27020-C Sa 10:25am - 11:20am \$87/\$116

WINTER 2
2/12 - 3/18 27020-D M 5:00pm - 5:55pm \$87/\$116
2/14 - 3/20 27020-E W 5:00pm - 5:55pm \$87/\$116
2/17 - 3/23 27020-F Sa 10:25am - 11:20am \$87/\$116



REGISTER NOW

Private and Semi-Private Gymnastics Lessons

Private lessons are great for getting a little more one on one time with their instructor. They're also beneficial for those students wanting to perfect certain skills that may require more attention in order to achieve.

Please contact Madelyn Wissel at MWissel@greatermidland.org for more information.



BEGINNER GYMNASTICS

AGES: 7-13 YEARS

Next progression from Intro will continue to learn and improve floor skills including cartwheels, jumps, rolls, handstands, beam, bars, vault, and trampoline. Must be able to do a straight leg cartwheel in order to enroll in Beginners.

WINTER 1				Member/Participant
1/8 - 2/5	27025-A	M	6:00pm - 6:55pm	\$72/\$96
1/3 - 2/7	27025-B	W	6:00pm - 6:55pm	\$87/\$116

WINTER 2				
2/12 - 3/18	27025-C	M	6:00pm - 6:55pm	\$87/\$116
2/14 - 3/20	27025-D	W	6:00pm - 6:55pm	\$87/\$116

INTERMEDIATE GYMNASTICS

AGES: 7-14 YEARS

Continues skills from Beginner with addition of more advanced progressions on each event. Must have coach approval to enroll.

WINTER 1				Member/Participant
1/8 - 2/5	27035-A	M	7:00pm - 7:55pm	\$72/\$96

WINTER 2				
2/12 - 3/18	27035-B	M	7:00pm - 7:55pm	\$87/\$116

WARRIOR ZONE GYMNASTICS

AGES: 6-11 YEARS

Parkour type moves, mixed with tumbling skills, obstacle courses, games, and lots of sweat!

WINTER 1				Member/Participant
1/2 - 2/6	27047-A	Tu	6:25pm - 7:10pm	\$87/\$116
1/4 - 2/8	27047-B	Th	6:25pm - 7:10pm	\$87/\$116
1/6 - 2/10	27047-C	Sa	11:25am - 12:10pm	\$87/\$116

WINTER 2				
2/13 - 3/19	27047-D	Tu	6:25pm - 7:10pm	\$87/\$116
2/15 - 3/21	27047-E	Th	6:25pm - 7:10pm	\$87/\$116
2/17 - 3/23	27047-F	Sa	11:25am - 12:10pm	\$87/\$116

REGISTER NOW

YOUTH POM/CHEER

INTRO TO CHEER & POM

AGES: 6-11 YEARS

Learn the basics! Have fun exploring various disciplines including motions, jumps, tumbling, stunting and kick line. ALSO, enjoy the opportunity to perform at local events!

WINTER 1				Member/Participant
1/3 - 2/7	27082-A	W	6:00pm - 6:55pm	\$87/\$116

WINTER 2				
2/14 - 3/20	27082-B	W	6:00pm - 6:55pm	\$87/\$116

REGISTER NOW

YOUTH ART & SPECIALITY



CHEF'S CREATION

AGES: 5-7 and 8-13 YEARS

Introduce yourself to the culinary world! Participants will learn to plan and prepare breakfast, lunch and dinner foods, along with appetizers and desserts. Each participant will also design a cook-book to take home at the end of the session. Don't miss this tasty experience!

WINTER 1				Member/Participant
1/3 - 2/7	Ages 5-7 27112-B	W	5:00pm - 5:50pm	\$86/\$115
	Ages 8-13 27112-A	W	6:00pm - 7:15pm	\$98/\$130

BAKE & TAKE

AGES: 5-7 and 8-13 YEARS

Participants will learn the basics of measuring, preparing, baking, making and decorating their favorite baked goods. A different baked good will be prepared each week.

WINTER 2				Member/Participant
2/14 - 3/20	Ages 5-7 27113-B	W	5:00pm - 5:50pm	\$86/\$115
	Ages 8-13 27113-A	W	6:00pm - 7:15pm	\$98/\$130

REGISTER NOW

PAINTING, POTTERY & POETRY

AGES: 6-11

Artists will have the opportunity to try their hand at 3 exciting forms of creative self-expression! They will explore various forms of poetry, paint with a variety of materials under the guidance of their instructor and dabble in pottery making! There will be an art showcase at the end of the session! Registration fee covers cost of materials and instruction.

WINTER 1

1/2 - 2/6 23112-A Tu 5:30pm - 6:25pm Member/Participant \$98/\$130

ARTFUL ANTICS

AGES: 6-11

Artists will experience all kinds of art mediums including nature art, recycled art, painting and so much more. Parents will be able to adorn their walls with these special projects! There will be an art showcase at the end of the session! Registration fee covers cost of materials and instruction.

WINTER 2

2/13 - 3/19 23117-A Tu 5:30pm - 6:25pm \$98/\$130

REGISTER NOW



KIDS SEW

AGES: 8 - 14 YEARS

Kids Sew is an introduction to sewing for youth, ages 8-14. This class is a unique, creative, fun and educational way for your child to learn the basics of hand and machine sewing. Participants will sew several beginner projects, while learning to thread a machine, pin fabric and patterns, hand sew, cut and iron fabric. This is a great opportunity for kids who want to give sewing a try. All supplies and equipment are provided.

WINTER 1

1/7 - 1/28 28060-A Su 1:00pm - 3:30pm Member/Participant \$98/\$130

WINTER 2

2/3 - 2/24 28060-B Sa 1:00pm - 3:30pm \$98/\$130

BABYSITTER TRAINING

AGES: 11-13 YEARS

Looking for a great way to gain confidence in babysitting the neighbor's little ones? Join us for our American Red Cross Babysitter Training Course! Not only will you have the opportunity to learn age-appropriate games, activities and arts-and-crafts to do when you supervise children, you will also get practice in responding to emergencies, making good decisions under pressure and communicating effectively with parents. This is a one-day class, please bring a water bottle and lunch. Pre-registration is required.

WINTER 1 2/11 21921-A Su 8:30am - 3:30pm \$135

WINTER 2 4/6 21921-B Sa 8:30am - 3:30pm \$135



Celebrating 25 Years

Providing Michigan With Professional IT Solutions For 25 Years

Linked Technologies is your link for technology!



- Home Visits and Drop Off Service
- Computer Checkup and Diagnostics
- Home Wireless Networking
- Home and Office Networking
- Microsoft Office 365
- Virus and Malware Removal
- Online Backup
- Computer Sales and Service
- Onsite Installation and Setup

989-837-3060 | 4324 N Saginaw Rd. Midland, MI | www.linkedtech.com | Monday-Friday 8:00am - 5:00pm | [@LinkedTech](https://www.facebook.com/LinkedTech)

YOUTH ATHLETICS

GREATER SPORTS PERFORMANCE

POWERED BY GREATER MIDLAND

Strong, Faster, More Explosive!

Our philosophy at Greater Sports Performance is to help each individual become the athlete they're meant to be.

This program is for all athletes and abilities. Whether you are a beginner athlete building the foundation of movement or a high school athlete working towards an athletic scholarship, our team can help!

INFO: Devon Gilliam to get started DGilliam@GreaterMidland.org or 989-832-7937 ext. 2265.

REGISTER NOW

WINTER CONDITIONING CAMP AGES: 5-8 and 9-12

Join our GSP team for 5-6 weeks of winter conditioning. Your time will be centered around becoming a more well rounded athlete. We will help you become stronger, faster, more explosive and better conditioned. **Contact Devon Gilliam at DGilliam@greatermidland.org with any questions.**

1/7 - 2/4	Grades 5 - 8	20550-A	Su	4:00pm - 4:55pm	\$90/\$120
1/7 - 2/4	Grades 9 - 12	20550-B	Su	5:00pm - 5:55pm	\$90/\$120
2/11 - 3/17	Grades 5 - 8	20550-C	Su	4:00pm - 4:55pm	\$108/\$144
2/11 - 3/17	Grades 9 - 12	20550-D	Su	5:00pm - 5:55pm	\$108/\$144



2024

CRUISIN' > LOSIN'



JANUARY 1 TO FEBRUARY 29

INCREASE ENERGY. LOSE WEIGHT. GAIN MUSCLE. BE >

JOIN THE CHALLENGE NOW! CRUISE YOUR WAY TO VICTORY!

YOUTH VOLLEYBALL



YOUTH VOLLEYBALL SKILLS INSTRUCTIONAL CLINIC GRADES 3-4, 5-6, 7-8

This will be an instructional program involving every aspect of volleyball fundamentals. Individual skills, offensive and defensive strategies as well as team play and sportsmanship will be covered.

WINTER 1				Member/Participant
1/7 - 2/4	37832-A	Grades 7-8	Su 5:20pm - 6:35pm	\$71/\$95
	37832-B	Grades 5-6	Su 4:00pm - 5:15pm	\$71/\$95
	37832-C	Grades 3-4	Su 4:00pm - 4:55pm	\$71/\$95
WINTER 2				
2/11 - 3/17	37832-D	Grades 7-8	Su 5:20pm - 6:35pm	\$86/\$114
	37832-E	Grades 5-6	Su 4:00pm - 5:15pm	\$86/\$114
	37832-F	Grades 3-4	Su 4:00pm - 4:55pm	\$86/\$114

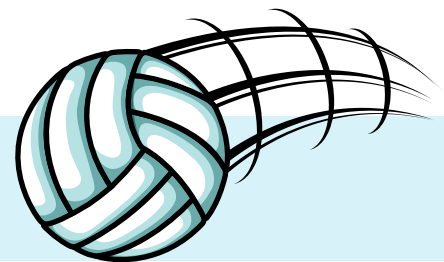
REGISTER NOW

Private Volleyball Lessons?

Be ready for the next level with Private or Semi-Private Volleyball Lessons! Participants will either work one-on one or in a small group setting with a coach. Coaches will evaluate players skills and strengths to help shape their individual training plan.

For more information, contact Kylee Herrington at KHerrington@greatermidland.org or 989.832.7937 ext. 2263

All training sessions are 40 minutes in length.
COST: 4 sessions: \$100



MICHIGAN ELITE VOLLEYBALL

For information regarding travel volleyball for girls ages 10-18, please visit www.MIELITE.com



HAVE A PARTY
AT THE GREATER MIDLAND
COMMUNITY CENTER

Party Activities:
Swimming, Nerf, Gymnastics,
Sports Mania, Bounce House!

**Bring the
friends,
we'll provide
the fun!**



**FIND MORE INFO
ON PAGE 5!**

YOUTH BASKETBALL



I DREAM - JUNIOR BASKETBALL LEAGUE

GRADES: K-1

Beginner basketball program designed to teach the fundamentals of basketball (dribbling, passing, shooting, man-to-man defense), as well as teamwork and good sportsmanship in a clinic and 3 on 3 or a 4 on 4 game setting. Each player will receive a basketball in Winter 1 or a medal/trophy in Winter 2.

WINTER 1				Member/Participant
1/8- 2/5	27104-B	M	6:00pm - 6:55pm	\$73/\$97
1/2 - 2/6	27104-C	Tu	6:35pm - 7:30pm	\$87/\$116
1/6 - 2/10	27104-A	Sa	9:00am - 9:55am	\$87/\$116
WINTER 2				
2/12 - 3/18	27104-E	M	6:00pm - 6:55pm	\$87/\$116
2/13 - 3/19	27104-F	Tu	6:35pm - 7:30pm	\$87/\$116
2/17 - 3/23	27104-D	Sa	9:00am - 9:55am	\$87/\$116



PRIVATE BASKETBALL TRAINING

Be ready for the next level by working one-on-one with a coach! Coaches will evaluate players for areas of strength and improvements to shape their individual training plan.

INFO AND APPOINTMENTS: Devon Gilliam at
DGilliam@GreaterMidland.org or 989.832.7937 ext. 2265.

All training sessions are 45 minutes in length.

COST: 5 sessions: \$125 or 10 sessions: \$225



REGISTER NOW

OFFICIALS NEEDED!

Interested in officiating youth basketball? **INFO: Devon Gilliam at DGilliam@GreaterMidland.org or 989.832.7937 ext. 2265.**

ADULT PROGRAMS

ADULT ATHLETICS



WINTER WOMEN'S VOLLEYBALL LEAGUES

Form a team from church, work, family or friends. Leagues are offered for all skill levels! Teams will play the same night every week and league games will run January 30, 2024 through March 21, 2024. There will be ONE week of practices the week of January 22, 2024. A minimum of 6 women are needed to field a team. **For specific information, contact Kylee Herrington at KHerrington@greatermidland.org.**

Team:	1/30-3/21	37812-A	M-Th	6:30pm - 10:30pm	\$220
Player:	1/30-3/21	37813-A	M-Th	6:30pm - 10:30pm	\$55
Player Fee for					
2nd team:	1/30-3/21	37813-C	M-Th	6:30pm - 10:30pm	\$55

COED VOLLEYBALL LEAGUES

Form a team from church, work, family or friends. Leagues are offered for all skill levels! Teams will play the same night every week and league games will run January 30, 2023 through March 21, 2024. There will be ONE week of practices the week of January 22, 2024. A minimum of six players are needed to field a team. For specific information, **contact Kylee Herrington at KHerrington@greatermidland.org. *A \$10 LATE FEE WILL BE APPLIED IF NOT PAID BEFORE JANUARY 26, 2024***

Team:	1/30-3/21	37810-A	M-Th	6:30pm - 10:30pm	\$220
Player:	1/30-3/21	37811-A	M-Th	6:30pm - 10:30pm	\$55
Player Fee for					
2nd team:	1/30-3/21	37811-B	M-Th	6:30pm - 10:30pm	\$55

REGISTER NOW

ADULT CURLING



LEARN TO CURL

AGES: 12+ YEARS

Try the Olympic sport of curling! 1-hour introductory lesson, no equipment needed!

Saturday, January 13 & Sunday, January 14, 2024 from 1:00pm-3:00pm

CURLING LEAGUES

Visit midlandcurls.org for league dates and rates. **INFO: Kari Wedge at 989.832.7937 KWedge@greatermidland.org Ext. 2212**

Curling Center Rentals

Our curling center makes a great space for meetings, showers or parties! Non-curling rentals available April-August.

INFO: Kari Wedge at 989.832.7937

KWedge@greatermidland.org Ext. 2212

NOVICE CURLING LEAGUES

Thursday Novice Leagues are designed for beginning curlers. Instruction is provided and Leagues run for 8-weeks in the Fall and Winter. Novice League, NO Membership required

1/18 - 3/16	17519-B	Th	6:00pm - 7:30pm	\$90
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CURLING WINTER SESSION LEAGUES

Veteran Competitive Leagues and Social leagues are available for seasoned curlers. Monday and Wednesday Open Leagues have alternating draws at 6pm and 8pm. Sign up as an individual or contact the league chair with your team information.

Registration information and details available online.

JUNIOR CURLING LEAGUES (WINTER) **AGES: 11-21**

This program is designed for any youth curler interested in learning curling in a fun and positive way. Skills will be taught by instructors using a variety of methods that will keep it fun and interesting. Delivery skills, sweeping, basic strategy, etiquette and the spirit of curling will form the foundation of the curriculum. Junior Membership Fee includes unlimited Junior Curling League (M/W/Su).

CLICK FOR REGISTRATION INFORMATION

ADULT ACTIVE PROGRAMS

BARSTOW/SHIPPS WING

QUALIFYING MEMBERS

Members who are 50 years or older have access to all the Barstow/Shipp's Wing has to offer if you have one of the following memberships: **50+ Membership \$31-\$19, based on proration with expiration of May 31, SilverSneakers®, Premier, Multi, or Group Fitness Pass.**

50+ CENTER FUN ACTIVITIES/EXERCISE

GREATER MIDLAND BINGO DAYS

Come play for fun & prizes!

When & Where: February 19, 50+ Center

Cost: Free for Members | \$5 for Non-Members (POS#0898)

-Please check-in at the Welcome Desk prior to playing

-Snacks & drinks are available for purchase 15 minutes before play begins.

LUNCH & LEARNS

All Lunch & Learns are held in the 50+ Center at 12:00pm and taught by *Renue Physical Therapy*. Lunch is provided. Must sign-up at least 1 week in advance, call (989) 832-7937 ext. 2270.

Dates: January 29, February 12, March 4

SENIOR PANCAKE BREAKFAST

All Senior Pancake Breakfast Events are held, 11am-12pm. 50+ Members, \$3 to attend. Non-member: \$5 to attend. We accept cash only, on the day of. Must sign-up at least 1 week in advance, call (989) 832-7937 ext. 2270.

Dates: January 22 and March 11 – 50+ Center

May 20 and July 22 – Curling Center Club House

Breakfast and prizes sponsored by Right At Home

CONTRA DANCING

Held at the Greater Midland Community Center 50+ Center.

Fun for all ages! Beginners, experienced dancers, singles, couples, and children 8 or older with an adult. Warm-up/pre-dance lesson begins at 6:30pm with dancing to follow 7-9pm with Live music by Swollen Fingers String Band.

Cost: Community Center Member / \$5

Non Community Center Member / \$10 / Youth age 0-17 / \$7

Dates: January 13, February 10, March 9

BILLIARDS - POOL

Six Brunswick pool tables. The room is open for play: **Monday - Friday from 8:00am – 4:30pm and in evenings and weekends with a 50+ membership. Beginning April 2024: Two Brunswick pool tables are available for play in the Community Wing.**

DUPLICATE BRIDGE

Monday & Wednesday at 12:30pm. This is sanctioned bridge and includes additional fees.

EUCHRE

Played every Wednesday at 1:00pm. Everyone is welcome.

MAH JONGG

Tuesdays & Thursdays at 1:00pm. Mah Jongg is a rummy-like game played with tiles rather than cards. Beginners are welcome and instruction is offered if needed.

LINE DANCING

Tuesday & Thursday at 10:30am. Led by a volunteer!

SENIOR OPEN WALK HOUR

Monday, Wednesday & Friday 9-10am

South Gym available for walking at your own pace.

AARP TAX-AIDE PROGRAM

Services will be offered in 2024 on Tuesday and Thursday's from February 1 through March 28. April dates will be announced as the Tax season progresses. Free tax preparation and e-filing is provided in the 50+ Center for low to moderate income taxpayers. Starting on January 8, qualified people can begin calling 989-832-7937 (then press #6). All scheduled clients must pickup a packet prior to their scheduled appointment.

NEVER MISS A TRIP!

If you want to be in the know, get on our day trip email list.

Email AEwald@greatermidland.org to be added. You'll be

notified when new trips are planned and when it's time to register.

Most trips are announced in Mid-January. Visit www.greatermidland.org/active-adult/ for trips posted online.

SilverSneakers® Membership

includes access the Community

Centers Wellness Center,

Walking Track, SilverSneakers Classic®

Fitness Classes, Greater Midland Walking Club,

50+ Membership, Oasis Pool + Hot Tub open swim, Sauna,

East Pool for lap swimming and court sports like pickleball,

volleyball, and basketball.

Contact Amanda Ewald, 50+ Program Coordinator, to see if you are eligible today! (989) 832-7937 EXT. 2270

SilverSneakers® is now accepted at our other fitness centers including North-End Fitness Center, North Family Center, and Coleman Family Center! Make us your headquarters for fitness and let SilverSneakers® help you get fit your way!



GREATER MIDLAND WALKING CLUB

Grab your sneakers, invite a friend and come walk with us! Walking Club will take place outside inside the South Gym.

Registration is required. Attend 8 or more walking club days in-person and receive a Greater Midland Walking Club T-shirt.

January 2 – February 8 | South Gym

Tuesday & Thursday, 9:00am-9:55am

24900-D: FREE for SilverSneakers® and 50+ Members

24900-E: \$40 for Non-Member | 24900 F: \$20 for Members

February 13 – March 21 | South Gym

Tuesday & Thursday, 9:00am-9:55am

24900 G: FREE for SilverSneakers® and 50+ Members

24900 H: \$40 for Non-Member | 24900 I: \$20 for Members



GREATER MIDLAND RACES 2024

BE GREATER • RACE LOCAL



Saturday, June 1

Walk, run, push or be pushed in this community race right in the heart of Midland. There are options for our littlest racers to those in their golden age!



Friday, August 2

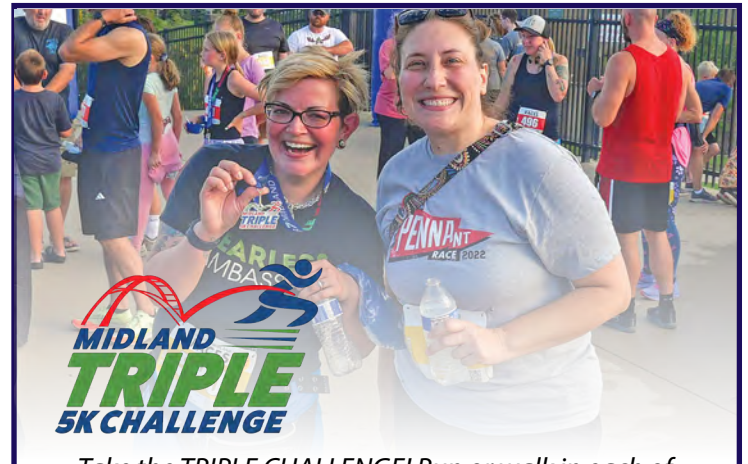
In partnership with Midland River Days, start your weekend with a 5K and a pint!

NEW FOR 2024 - 1 MILE RACE!



Friday, August 23

A summer evening of racing, baseball and entertainment!



Take the TRIPLE CHALLENGE! Run or walk in each of our three flagship races and earn a cool custom medal & swag. NEW in 2024, a 1 Mile Run option for ages 5-14!

SPONSOR A RACE

Learn how to become an integral part of the Race Team in 2024 through sponsorship opportunities at greatermidland.org/race-sponsorship

TRI-KIDS-TRY YOUTH TRIATHLON

FRIDAY, JULY 19 - AGES 3-5

SATURDAY, JULY 20 - AGES 6-15

This youth triathlon in Plymouth Park will challenge kids to swim, bike and run all while having fun!



REGISTER AT [GREATERMIDLAND.ORG/RACES](https://greatermidland.org/races)

REGISTER HERE

WELLNESS

PERSONAL TRAINING

Whether your goal is general wellness, weight loss, muscle toning, injury prevention, bodybuilding, power-lifting or simply to learn proper exercise technique, our knowledgeable trainers will motivate and encourage you on your journey. **Full Hour Training Sessions are \$60 each. Half Hour Training Sessions \$35 each.** Contact Megan Finn at MFin@greatermidland.org or 989.837.7937 X2901

MEET YOUR TRAINERS

Group Fitness
greatermidland.org/group-fitness

Personal Training
greatermidland.org/personal-training

Specialty Fitness
greatermidland.org/group-fitness

NUTRITION COACHING

Exercise is only one aspect of adopting a healthier lifestyle. Schedule your one-on-one consultation with our registered dietitian, Catherine Frederick to analyze your eating habits and design an individualized nutrition plan that addresses your specific dietary and supplement needs.



TAKE YOUR FIRST STEP: GREATERMIDLAND.ORG/NUTRITION

Contact Megan Finn at MFin@greatermidland.org or 989.837.7937 X2901

1st Nutrition Consultation: \$75 | Follow-up Nutrition Consults: \$50

CLICK HERE TO INQUIRE

YOGA

1/8-2/5	22188-A	Level Up Yoga	M	6:00pm	\$38/51 (5 weeks)
1/2-2/6	22188-B	Strength Yoga	Tu	8:30am	\$45/60 (6 weeks)
1/5-2/19	22188-C	Vinyasa Yoga	F	8:30am	\$45/60 (6 weeks)
2/12-3/18	22188-D	Level Up Yoga	M	6:00pm	\$45/60 (6 weeks)
2/13-3/19	22188-E	Strength Yoga	Tu	8:30am	\$45/60 (6 weeks)
2/16-3/22	22188-F	Vinyasa Yoga	F	8:30am	\$45/60 (6 weeks)

Crusin' for a Losin' Wellness Challenge 20060-A Member \$40 20065-A Non-Member \$185 January 8 - March 3

Visit greatermidland.org/north-end-fitness or contact our Wellness Coordinator to see full list of training programs.

COMMUNITY HAPPENINGS

FAMILY FUN NIGHTS

Sponsored By



AGES: ALL AGES

Bring your family to Family Fun Nights on the first Sunday of every month! Each month will host a different theme. FREE for Greater Midland Community Center Members. \$6 per person for non-members

DATE	THEME				Member/Participant
12/31	NYE Family Fun Fest	19000-E	Sa	4:00pm - 7:00pm	FREE/\$10
2/4	Sweetheart Sock Hop	29000-B	Su	3:00pm - 5:00pm	FREE/\$6
3/3	Summer Camp Sampler	29000-C	Su	3:00pm - 5:00pm	FREE/\$6

WINTER BREAK CAMP

JOIN US for our Winter Wonder Camp! Fun Winter and Holiday activities including crafts, games, swimming and time in the gymnastics room. This camp takes place during Winter Break and follows Midland Public School's Winter Break schedule. You have the option to sign up for the full 6 days of camp or each individual day separately. Camp will be housed in the PIT Gymnasium. Campers must bring their own lunches as we do not provide lunch for Winter Break Camp. Please bring a swimsuit and towel every day.

If you have any questions, please reach out to Kylee Herrington, KHerrington@greatermidland.org or Madelyn Wissel, MWissel@greatermidland.org

18115 A-G

December 21-22, 2023

December 27-29, 2023

January 2, 2024

\$250 for all 6 Days/\$45 for individual days

\$55 for field trip day

KIDS NIGHT OUT

AGES: 3-5, 6-8, 9-12

Would you like to spend an evening on your own? Bring your children to the Community Center for an evening of activities, games and fun for Kids Night Out. We will play at the Bounce House and Gymnastics Center, create an arts and crafts project and participate in a variety of group games too. Dinner will be provided as well (cheese and/or pepperoni pizza, dessert and juice). PRE-REGISTRATION is required by the Sunday prior to this program. All children must be potty-trained. Cost is \$23 for members or \$30 for participants.

1/19	29010-A	F	5:00pm-8:00pm	Ages 3-5	3/15	29010-I	F	5:00pm-8:00pm	Ages 3-5
1/19	29010-B	F	5:00pm-8:00pm	Ages 6-8	3/15	29010-J	F	5:00pm-8:00pm	Ages 6-8
1/19	29010-C	F	5:00pm-8:00pm	Ages 9-12	3/15	29010-K	F	5:00pm-8:00pm	Ages 9-12
2/16	29010-E	F	5:00pm-8:00pm	Ages 3-5	4/19	29010-M	F	5:00pm-8:00pm	Ages 3-5
2/16	29010-F	F	5:00pm-8:00pm	Ages 6-8	4/19	29010-N	F	5:00pm-8:00pm	Ages 6-8
2/16	29010-G	F	5:00pm-8:00pm	Ages 9-12	4/19	29010-O	F	5:00pm-8:00pm	Ages 9-12

AQUATIC PROGRAMS

PRIVATE & SEMI-PRIVATE SWIM LESSONS

Looking for some one-on-one instruction to improve technique, endurance, and form? Does your little one need a little extra attention in the water? From toddlers to adults, private lessons are a great way to get individualized instruction and achieve your swimming goals. **Private lessons are \$40 for each 30-minute session. Semi-Private lessons are \$50 for each 30-minute session.** Email EVermette@greatermidland.org or TMiller@greatermidland.org to register for Semi-Private Lessons.

WINTER 1

1/8 - 2/5	21731-A	M	4:15pm - 4:45pm	\$200
	21731-B	M	4:15pm - 4:45pm	\$200
	21731-C	M	4:50pm - 5:20pm	\$200
	21731-D	M	4:50pm - 5:20pm	\$200
	21731-E	M	5:25pm - 5:55pm	\$200
	21731-F	M	5:25pm - 5:55pm	\$200
1/3 - 2/7	21731-G	W	4:15pm - 4:45pm	\$240
	21731-H	W	4:15pm - 4:45pm	\$240
	21731-I	W	4:50pm - 5:20pm	\$240
	21731-J	W	4:50pm - 5:20pm	\$240
	21731-K	W	5:25pm - 5:55pm	\$240
	21731-L	W	5:25pm - 5:55pm	\$240
1/6 - 2/10	21731-M	Sa	9:15am - 9:45am	\$240
	21731-N	Sa	9:15am - 9:45am	\$240
	21731-O	Sa	9:50am - 10:20am	\$240
	21731-P	Sa	9:50am - 10:20am	\$240
	21731-Q	Sa	10:25am - 10:55am	\$240
	21731-R	Sa	11:00am - 11:30am	\$240
	21731-S	Sa	11:00am - 11:30am	\$240



WINTER 2

2/12 - 3/18	21732-A	M	4:15pm - 4:45pm	\$240
	21732-B	M	4:15pm - 4:45pm	\$240
	21732-C	M	4:50pm - 5:20pm	\$240
	21732-D	M	4:50pm - 5:20pm	\$240
	21732-E	M	5:25pm - 5:55pm	\$240
	21732-F	M	5:25pm - 5:55pm	\$240
2/14 - 3/20	21732-G	W	4:15pm - 4:45pm	\$240
	21732-H	W	4:15pm - 4:45pm	\$240
	21732-I	W	4:50pm - 5:20pm	\$240
	21732-J	W	4:50pm - 5:20pm	\$240
	21732-K	W	5:25pm - 5:55pm	\$240
	21732-L	W	5:25pm - 5:55pm	\$240
2/17 - 3/23	21732-M	Sa	9:15am - 9:45am	\$240
	21732-O	Sa	9:50am - 10:20am	\$240
	21732-R	Sa	10:25am - 10:55am	\$240

REGISTER NOW

SWIM TEAMS



MIDLAND DOLPHINS SWIM TEAM

Powered by the Greater Midland Community Center, the mission of the Midland Dolphins Swim Team is to promote competitive swimming in the Midland community while allowing each athlete to achieve his or her personal goals. We do this by providing the opportunities for our swimmers to swim at both local and competitive swim meets.
INFO: Buffy Hall at BHall@greatermidland.org



GREATER MIDLAND SWIM PROGRAMS

THINGS YOU NEED TO KNOW BEFORE YOUR FIRST SWIM CLASS

1. No make-ups will be given for any missed classes.
Swim class fees do not include admittance to any open swim times.
2. Please bring hair ties/clips for hair that will hang in the face when wet.
3. Please remove street shoes before entering pool area.
4. Please be sure the student uses the bathroom before class.
5. Flotation devices will be provided for the children when needed. You do not need to bring a flotation device of any kind.

STRUCTURED LESSONS

Standardized skills and progress reports will be used in all classes to reflect each student's abilities.

GREATER MIDLAND SWIM LEVELS AGES: 3-16 YEARS

Youth lessons, for ages 3 through 16 years old, are *DIVIDED BY AGE AND ABILITY* within each time slot. All levels, from first time 3-year-olds through advanced level 6, will be offered. Sign your child up for a time slot that accommodates your schedule and a qualified Greater Midland Instructor will divide him/her into the appropriate levels. This accommodates all your children in one time frame!

Email EVermette@greatermidland.org or TMiller@greatermidland.org if you have any questions or concerns.

WINTER 1				Member/Participant
1/8-2/5	21001-A	M	4:30pm-5:15pm	\$75/\$100
	21001-B	M	5:20pm-6:05pm	\$75/\$100
	21001-C	M	6:10pm-6:55pm	\$75/\$100
1/2 - 2/6	21002-A	Tu	4:30pm - 5:15pm	\$90/\$120
	21002-B	Tu	5:20pm - 6:05pm	\$90/\$120
	21002-C	Tu	6:10pm - 6:55pm	\$90/\$120
1/3 - 2/7	21003-A	W	4:30pm - 5:15pm	\$90/\$120
	21003-B	W	5:20pm - 6:05pm	\$90/\$120
	21003-C	W	6:10pm - 6:55pm	\$90/\$120
1/6 - 2/10	21006-A	Sa	9:00am - 9:45am	\$90/\$120
	21006-B	Sa	9:50am - 10:35am	\$90/\$120
	21006-C	Sa	10:40am - 11:25am	\$90/\$120

WINTER 1				Member/Participant
2/12-3/18	21001-E	M	4:30pm-5:15pm	\$90/\$120
	21001-F	M	5:20pm-6:05pm	\$90/\$120
	21001-G	M	6:10pm-6:55pm	\$90/\$120
2/13 - 3/19	21002-E	Tu	4:30pm - 5:15pm	\$90/\$120
	21002-F	Tu	5:20pm- 6:05pm	\$90/\$120
	21002-G	Tu	6:10pm - 6:55pm	\$90/\$120
2/14 - 3/20	21003-E	W	4:30pm - 5:15pm	\$90/\$120
	21003-F	W	5:20pm - 6:05pm	\$90/\$120
	21003-G	W	6:10 pm - 6:55pm	\$90/\$120
2/17 - 3/23	21006-E	Sa	9:00am - 9:45am	\$90/\$120
	21006-F	Sa	9:50 am - 10:35am	\$90/\$120
	21006-G	Sa	10:40am - 11:25am	\$90/\$120



LIFEGUARD TRAINING

AGES: 15+

American Red Cross Lifeguard/First Aid and CPR-PR Training:

PREREQUISITES: Swim 300 yards continuously using breaststroke and front crawl, swim 20 yards and dive to a 7 foot depth and retrieve a 10 lb object, return to the starting point and climb out of the pool. Tread water for 2 min. legs only. Must be 15 years old. Cost includes all materials, pocket masks, and certification cards. Online pre-course work required.

Registration deadline is January 13

1/26 - 1/28	21910-A	F	4:00pm - 9:00pm	\$275
		Sa & Su	8:00am - 6:00pm	

ADULT & PEDIATRIC FIRST-AID, CPR & AED - BLENDED LEARNING

AGES: 15+

This course will prepare you to recognize and care for a variety of first aid, breathing, and cardiac emergencies involving adults, children and infants and meets OSHA/workplace requirements. This is a blended learning course including an online portion and an instructor-led classroom skill session. The online portion must be completed prior to attending the in-class portion and must be taken on a PC or tablet with a high speed Internet connection. Allow approximately 2 hours 30 minutes to complete the online portion. The instructor-led classroom session will take about 2 hours to complete. Upon successful completion of this course you will receive a digital certificate for Adult and Pediatric First Aid/CPR/AED valid for two years.

1/16	21111-A	Tu	6:00pm - 8:15pm	\$80	Reg. Deadline: 1/9
2/22	21111-B	Th	6:00pm - 8:15pm	\$80	Reg. Deadline: 2/15
3/11	21111-C	M	6:00pm - 8:15pm	\$80	Reg. Deadline: 3/4

REGISTER NOW

WINTER 1: JANUARY 2 - FEBRUARY 10

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PRESCHOOL AQUATICS pg. 6		<u>Aqua Babies</u> 4:30pm - 5:00pm <u>Guppies</u> 5:05pm - 5:35pm <u>Goldfish</u> 5:40pm - 6:10pm		<u>Aqua Babies</u> 4:30pm - 5:00pm <u>Guppies</u> 5:05pm - 5:35pm <u>Goldfish</u> 5:40pm - 6:10pm			<u>Aqua Babies</u> 9:00am - 9:30am <u>Guppies</u> 9:35am - 10:05am <u>Goldfish</u> 10:10am - 10:40am
PRESCHOOL GYMNASTICS pg.7			<u>Hoppers</u> 5:00pm-5:30pm <u>Tumble Jungle</u> 5:35pm-6:20pm	<u>Hoppers</u> 9:25am-9:55am	<u>Hoppers</u> 5:00pm-5:30pm <u>Tumble Jungle</u> 5:35pm-6:20pm		<u>Hoppers</u> 9:00am-9:30am <u>Tumble Jungle</u> 9:35am-10:20am
PRESCHOOL ATHLETICS pg.7		<u>Mini Sports Sampler</u> 4:35pm-5:05pm <u>Pee Wee Basketball</u> 5:10pm-5:55pm	<u>Mini Sports Sampler</u> 5:10pm-5:40pm <u>Pee Wee Basketball</u> 5:45pm-6:30pm				<u>Mini Sports Sampler</u> 10:00am-10:30am <u>Pee Wee Basketball</u> 10:35am-11:20am
PRESCHOOL PLAY & DEVELOPMENT pg. 8			<u>Play, Learn & Grow 1</u> 4:35pm-5:05pm				
YOUTH GYMNASTICS pg. 8-9		<u>Intro</u> 5:00pm-5:55pm <u>Beginner</u> 6:00pm-6:55pm <u>Intermediate</u> 7:00pm-7:55pm	<u>Warrior Zone</u> 6:25pm - 7:10 pm	<u>Intro</u> 5:00pm-5:55pm <u>Beginner</u> 6:00pm-6:55pm	<u>Warrior Zone</u> 6:25pm-7:10pm		<u>Intro</u> 10:25am - 11:20am <u>Warrior Zone</u> 11:25am-12:10pm
YOUTH CHEER & POM pg. 9				<u>Intro to Pom/Cheer</u> (Ages 6-11) 6:00pm-6:55pm			
SPECIALTY PROGRAMS pg. 9-10	<u>Babysitter Training</u> 8:30am-3:30pm <u>Kids Sew</u> (Age 8-14) 1:00pm-3:30pm		<u>Painting, Pottery, & Poetry</u> 5:30pm-6:25pm	<u>Chef's Creation</u> (Ages 5-7) 5:00pm-5:50pm <u>Chef's Creation</u> (Ages 8-13) 6:00pm-7:15pm			
YOUTH ATHLETICS pg. 11-13	<u>Youth Volleyball</u> (Grades 3 -4) 4:00pm-5:15pm <u>Youth Volleyball</u> (Grades 5-6) 4:00pm-5:15pm <u>Youth Volleyball</u> (Grades 7-8) 5:20pm-6:35pm <u>Youth Conditioning Camp</u> (Grades 5-6) 4:00pm-4:55pm (Grades 9-12) 5:00pm -5:55pm	<u>I Dream- Junior Basketball League</u> 6:00pm-6:55pm	<u>I Dream- Junior Basketball League</u> 6:35pm-7:30pm				<u>I Dream- Junior Basketball League</u> 9:00am-9:55am
AQUATICS pg.18-19		<u>Learn to Swim</u> 4:30pm - 5:15pm 5:20pm - 6:05pm 6:10pm - 6:55pm	<u>Learn to Swim</u> 4:30pm - 5:15pm 5:20pm - 6:05pm 6:10pm - 6:55pm	<u>Learn to Swim</u> 4:30pm - 5:15pm 5:20pm - 6:05pm 6:10pm - 6:55pm	AQUATICS: Greater Midland Swim Levels are divided by AGE AND ABILITY within each time slot. Sign your child up for the time that accommodates your schedule and a qualified Greater Midland Instructor will divide him/her into the appropriate levels. See pg. 18-19 for more details.		<u>Learn to Swim</u> 9:00am - 9:45am 9:50am - 10:35am 10:40am -11:25am

Dolphins Swim Team's schedule available by contacting Buffy Hall at BHall@greatermidland.org. Dolphins practices 3-5/week, evenings and based on swimmer's level.

WINTER 2: FEBRUARY 11-MARCH 23

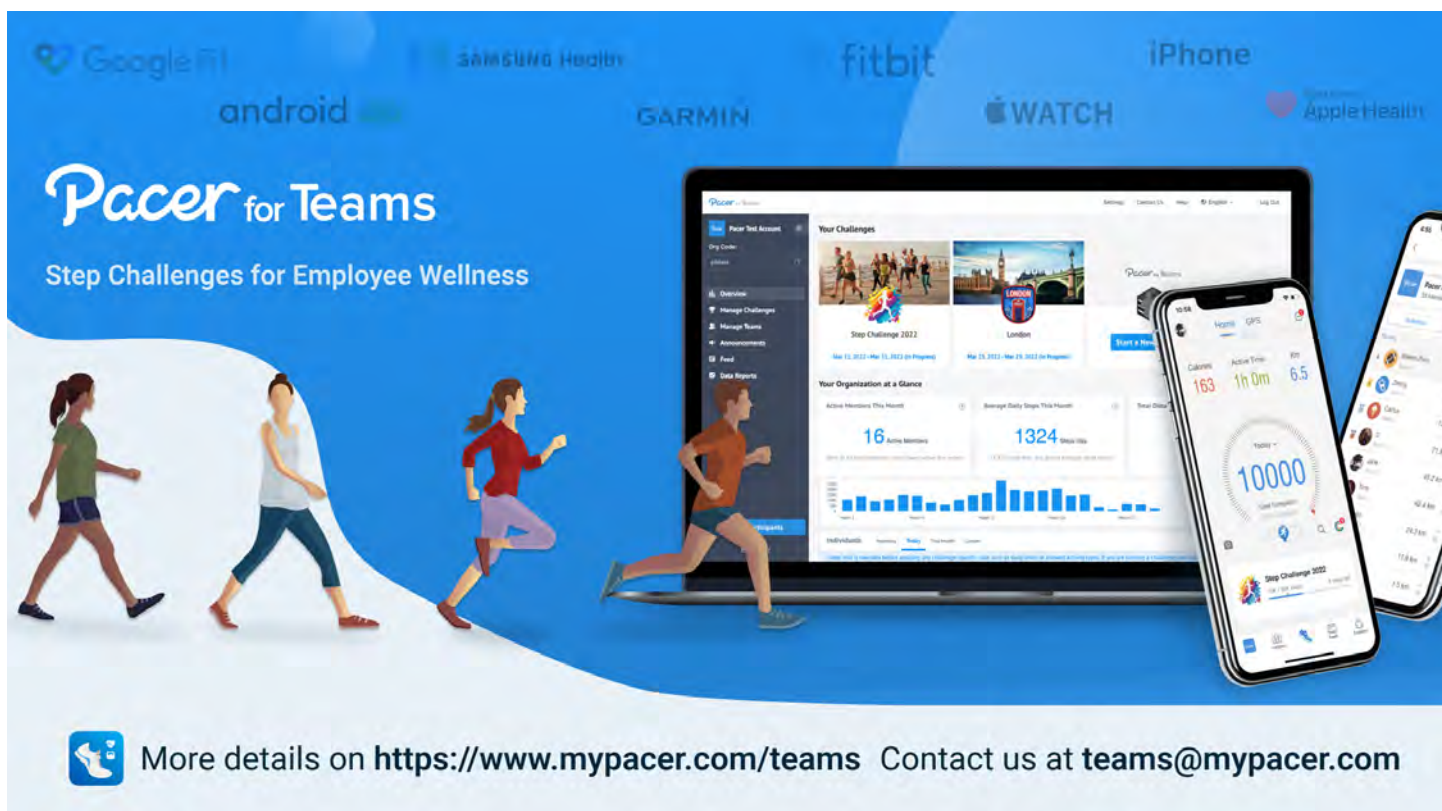
PRESCHOOL AQUATICS pg. 6	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<u>Aqua Babies</u> 4:30pm - 5:00pm <u>Guppies</u> 5:05pm - 5:35pm <u>Goldfish</u> 5:40pm - 6:10pm		<u>Aqua Babies</u> 4:30pm - 5:00pm <u>Guppies</u> 5:05pm - 5:35pm <u>Goldfish</u> 5:40pm - 6:10pm			<u>Aqua Babies</u> 9:00am - 9:30am <u>Guppies</u> 9:35am - 10:05am <u>Goldfish</u> 10:10am - 10:40am
PRESCHOOL GYMNASTICS pg. 7	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<u>Hoppers</u> 5:00pm-5:30pm <u>Tumble Jungle</u> 5:35pm-6:20pm	<u>Hoppers</u> 9:25am-9:55am	<u>Hoppers</u> 5:00pm-5:30pm <u>Tumble Jungle</u> 5:35pm-6:20pm		<u>Hoppers</u> 9:00am-9:30am <u>Tumble Jungle</u> 9:35am-10:20am
PRESCHOOL ATHLETICS pg. 7	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<u>Mini Kick, Catch & Throw</u> 4:35pm-5:05pm <u>Pee Wee Sports Sampler</u> 5:10pm-5:55pm	<u>Mini Kick, Catch & Throw</u> 5:10pm-5:40pm <u>Pee Wee Sports Sampler</u> 5:45pm-6:30pm				<u>Mini Kick, Catch & Throw</u> 10:00am-10:30am <u>Pee Wee Sports Sampler</u> 10:35am-11:20am
PRESCHOOL PLAY & DEVELOPMENT pg. 8	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<u>Play Learn and Grow 2</u> 4:35pm-5:05pm				<u>Play Learn and Grow 2:</u> 8:25am-8:55am
YOUTH GYMNASTICS pg. 8-9	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<u>Intro to Gymnastics</u> 5:00pm-5:55pm <u>Beginner</u> 6:00pm-6:55pm <u>Intermediate</u> 7:00pm-7:55pm	<u>Warrior Zone</u> 6:25pm - 7:10 pm	<u>Intro to Gymnastics</u> 5:00pm-5:55pm <u>Beginner</u> 6:00pm-6:55pm	<u>Warrior Zone</u> 6:25pm-7:10pm		<u>Intro to Gymnastics</u> 10:25am-11:20am <u>Warrior Zone</u> 11:25am-12:10pm
YOUTH CHEER & POM pg. 9	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<u>Intro to Pom/Cheer</u> (ages 6-11) 6:00-6:55pm			
SPECIALTY PROGRAMS pg 9-10	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<u>Bake & Take</u> (Ages 5-7) 5:00pm-5:50pm <u>Bake & Take</u> (Ages 8-13) 6:00pm-7:15pm <u>Artful Antics</u> (Ages 6-11) 5:30pm - 6:25pm			<u>Babysitter Training</u> 8:30am-3:30pm <u>Kids Sew</u> 1:00pm-3:30pm
YOUTH ATHLETICS pg. 11-13	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<u>Youth Volleyball</u> (Grades 3 -4) 4:00pm-4:55pm <u>Youth Volleyball</u> (Grades 5-6) 4:00pm-5:15pm <u>Youth Volleyball</u> (Grades 7-8) 5:20pm-6:35pm <u>Youth Conditioning Camp</u> (Grades 5-6) 4:00pm-4:55pm (Grades 9-12) 5:00pm -5:55pm	<u>I Dream- Junior Basketball League</u> 6:00pm-6:55pm	<u>I Dream- Junior Basketball League</u> 6:35pm-7:30pm				<u>I Dream- Junior Basketball League</u> 9:00am-9:55am
AQUATICS PG. 18-19	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<u>Learn to Swim</u> 4:30pm - 5:15pm 5:20pm - 6:05pm 6:10pm - 6:55pm	<u>Learn to Swim</u> 4:30pm - 5:15pm 5:20pm - 6:05pm 6:10pm - 6:55pm	<u>Learn to Swim</u> 4:30pm - 5:15pm 5:20pm - 6:05pm 6:10pm - 6:55pm	AQUATICS: Greater Midland Swim Levels are divided by AGE AND ABILITY within each time slot. Sign your child up for the time that accommodates your schedule and a qualified Greater Midland Instructor will divide him/her into the appropriate levels. See pg. 18-19for more details.		<u>Learn to Swim</u> 9:00am - 9:45am 9:50am - 10:35am 10:40am -11:25am

Dolphins Swim Team's schedule available by contacting Buffy Hall at BHall@greatermidland.org. Dolphins practices 3-5/week, evenings and based on swimmer's level.



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