GREATER MIDLAND
COLEMAN
FAMILY CENTER

BEGINNER WRESTLING

HAVE A CHILD INTERESTED IN LEARNING HOW TO WRESTLE?

This 6 week class focused toward new wrestlers without experience is a must try!

We will be covering the fundamentals of wrestling, learn and practice basic takedowns and pinning combinations

Head-gear/mouth guard optional

*Not an instructional camp for experienced wrestlers

WHO

BOYS & GIRLS

6TH – 8TH GRADES

WHEN

Wednesday's

starting June 15th

6:00pm – 7:30pm

WHERE

Coleman Family Center Gym

PRICE

$40.00 for

6 weeks of class

REGISTER

Please stop by our Welcome Center or call 989–465–2079