



GREATERMIDLAND
TENNIS
CENTER

WINTER 2

Feb. 20 - Mar. 26, 2023

ADULT DROP-INS & CLINICS*

Monday

Cardio Tennis
6:30am-7:30am | \$18

**Learn to Play-
Level 1**
9am-10am | \$90

**Mixed 3.0+
Drill & Play**
9am-10:30am | \$27

Sweat It Off
12pm-1pm | \$18

Technique Time
6pm-7pm | \$18

**Adv. 3.5+
Sweat It Off**
7pm-8:30pm | \$27

Tuesday

Mixed 3.0+ Drill
9am-10:30am | \$27

Cardio Tennis
6:00pm-7:00pm | \$18

**Learn to Play-
Level 1**
6pm-7pm | \$90

**Mixed 3.0+
Drill & Play**
6pm-7:30pm | \$27

**Mixed 2.0-
2.5 Drill & Play**
6pm-7:30pm | \$27

Wednesday

Cardio Tennis
6:30am-7:30am | \$18

**Mixed 3.0+
Drill & Play**
9am-10:30am | \$27

Sweat It Off
12pm-1pm | \$18

**Parent/Teen
Technique Time**
6pm-7pm | \$18

**Mixed 3.0-3.5
Singles Clinic**
6pm-7:00pm | \$90

**Adv. 3.5+
Sweat It Off**
7pm-8:30pm | \$27

Thursday

Mixed 3.0+ Drill
9am-10:30am | \$27

Cardio Tennis
6:00pm-7:00pm | \$18

**Learn to Play-
Level 2**
6pm-7:30pm | \$135

**Mixed 3.0+
Drill & Play**
6pm-7:30pm | \$27

Friday

Cardio Tennis
6:30am-7:30am | \$18

**Mixed 3.0+
Drill & Play**
9am-10:30am | \$27

**Womens 2.5-3.0
Doubles Clinic**
9am-10:30am | \$135

Sweat It Off
12pm-1pm | \$18

Saturday

Mixed 3.0+ Drill
9am-10:30am | \$27

**Mixed Adv.
3.5+ Drills**
9am-10:30am | \$27

**Parent/Teen
Technique Time**
10:30am-11:30am | \$18

**Mens 3.5+
Singles Drill**
12pm-1:30pm | \$27

*Pricing shown reflects the member discount. Guests pricing is \$40 additional for all junior and the Learn to Play programs, and \$12 additional for Drop-In Classes.

Member Exclusive ADULT LEAGUES

FIND YOUR RATING**!

NTRP Rating Guide

- 1.0-2.0** Needs on court experience; needs stroke development/lessons; not familiar w/basic positioning.
- 2.5** Can rally at a slow pace with similar ability players; more familiar w/singles and doubles positioning.
- 3.0** Fairly consistent at medium pace; lacks accuracy when trying for directional control, pace, and distance.
- 3.5** Has a reliable, solid game built over years of match play.

**Use the NTRP Rating Guide to determine which drill to register for. Playing in a sanctionedUSTA match will generate a rating. If no match play has occurred, ask Jon Bemisderfer for a free rating. All players coming from LTP 1 & 2 must be rated 3.0 to participate in 3.0 Drop-In Drills.

Register:

Call 989.631.6151 or scan to
use your Member Portal



greatermidland.org/tennis-center

2.5+ Co-Ed Doubles

Monday's | 6-8pm

\$102 per person

- February 20 - March 26 -

3.75 Men's Doubles

Tuesday's | 6-8pm

FULL

- January 2 - March 26 -

3.0-3.5 Men's Doubles

Drop-In

Tuesday's | 10am-12pm

\$17 per person

- February 20 - March 26 -

3.5 Women's Doubles

Thursday's | 10am-12pm

\$102 per person

- February 20 - March 26 -

4.0+ Men's Singles

Thursday's | 6-7:30pm

FULL

- January 2 - March 26 -

Mixed Doubles

Drop-In

Friday's | 6-8pm

\$17 per person

- February 20 - March 26 -

Contact League and Tournament Coordinator, Jessie, by phone or email with any questions: 989.631.6151 X 108 | jlehr@greatermidland.org

ADULT DROP-INS & CLINICS

60-MINUTE DROP-IN CLASSES

CARDIO TENNIS

Emphasis: Workout | Rating: 2.0 & up

60 minute class with use of fitness equipment built in. Little tennis experience needed, just the desire to move all out, play a lot of points, and hit a ton of balls.

SWEAT IT OFF

Emphasis: Workout & Play | Rating: 2.0 & up

60 minute class offered during lunchtime. Similar to Cardio Tennis but without the use of fitness equipment.

TECHNIQUE TIME & PARENT/TEEN TECHNIQUE TIME

Emphasis: Stroke Technique | Rating: 2.0 & up | Ages 13 & up

Classes offer a chance to slow things down and focus 60 minutes on repetition of proper technique for all strokes. Lots of feeding and the occasional use of the ball machine gives players the repetition needed for consistency. Children aged 13+ are welcome to attend with a parent.

90-MINUTE DROP-IN CLASSES

MIXED 2.0-2.5 DRILL & PLAY

Emphasis: Strategy/Tactics/Match Play | Rating: 2.0-2.5

This 90 minute drill is a great launching point to enter our world of drop ins. Lots of feeding, repetitions, and tons of point play for mostly doubles with some singles. Good place for Learn to Play players to go to next.

MIXED 3.0+ DRILLS

Emphasis: Games & Repetition | Rating: 3.0 & up

Open to all players 3.0 and up, wanting a good amount of feeding for repetitions with plenty of doubles situational point play. Lots and lots of balls hit in this 90 minute drill.

MEN'S 3.5+ SINGLES CLINIC

Emphasis: Everything Singles | Rating: 3.5+

Work on singles patterns, tactics, game plans, and shot selection needed to compete/play. Each week is a new theme! This clinic is a great supplement to any of the singles leagues/match play opportunities at the Tennis Center.

90-MINUTE ADVANCED DROP-IN CLASSES

ADVANCED 3.5+ DRILLS

Emphasis: Repetition & Games | Rating: 3.5 & up

Similar format to the Drills class, just at a higher level. Must have a 3.5 or higher rating to participate.

ADVANCED 3.5+ SWEAT IT OFF

Emphasis: Move & Play | Rating: 3.5 & up

90 minutes of non-stop competitive point play. Must have a 3.5 or higher rating to participate.

60 & 90-MINUTE CLINICS

LEARN TO PLAY 1

Rating: 1.0-2.0*

This 60 minute class is designed for adult beginners/advanced beginners, or for those returning to the game after a prolonged hiatus. The objectives are for players to know basic rules and etiquette, understand equipment/grips, and learn to rally with 2-4 players on court.

LEARN TO PLAY 2

Rating: 2.0-2.5*

The next step for the Learn to Play 1 players, advanced beginner/intermediate players, or those wanting a refresher course on fundamentals. This 90 minute class uses drills and instruction to review basic strokes/grips, rallying with a purpose, and work on court position for singles/doubles.

*Players need an official NTRP rating of 3.0 or evaluation from Pro Staff to plug into the Drop-In Drills

WOMEN'S 2.5-3.0 DOUBLES CLINIC

Emphasis: Learn ALL to know about Doubles | Rating: 2.5-3.0

Learn positioning, poaching, formations, coverage, communication, and any stroke needed to play solid doubles! Focused time on serving/returning with live ball situations.

MIXED 3.0-3.5 SINGLES CLINIC

Emphasis: Everything Singles | Rating: 3.0-3.5

Work on singles patterns, tactics, game plans, and shot selection needed to compete/play. Each week is a new theme! This clinic is a great supplement to any of the singles leagues/match play opportunities at the Tennis Center.

PRIVATE GROUPS & LESSONS

*Contact Adult Director, Jon Bemisderfer for information/requests at JBemisderfer@greatermidland.org. Any player needing a rating for participation in any Drill/Event/League, contact Jon for a FREE evaluation.





GREATERMIDLAND
TENNIS
CENTER

WINTER 2

Feb. 20 – Mar. 26, 2023

JUNIOR PROGRAMS & CLASSES*

Monday

Preschool

10am-10:45am | \$67.50
1pm-1:45pm | \$67.50
5:15pm-6:00pm | \$67.50

Tournament Academy

(Invite Only, 4/Week Commitment)

4pm-6pm | \$180

Grades 3-6

(Invite Only Green Ball)

4:30pm-6pm | \$135

MS/HS JV & Learn to Play

4:30pm-6pm | \$135

Grades 1-2

6pm-7pm | \$90

Grades 3-5

6pm-7pm | \$90

Technique Time ⁽¹³⁺⁾

6pm-7pm | \$18

Tuesday

Homeschool Drills

11am-12pm | \$90

High School Varsity

(2/Week Commitment)

4pm-6pm | \$180

CTP

(Invite Only, 2/Week Commitment)

4pm-6pm | \$180

Grades 3-6

(Invite Only Green Ball)

4:30pm-6pm | \$135

Kindergarten

5pm-5:45pm | \$67.50

Grades 1-2

6pm-7pm | \$90

Grades 3-5

6pm-7pm | \$90

Wednesday

Preschool

10am-10:45am | \$67.50
1pm-1:45pm | \$67.50
5:15pm-6:00pm | \$67.50

Tournament Academy

(Invite Only, 4/Week Commitment)

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MS/HS JV & Learn to Play

4:30pm-6pm | \$135

Grades 3-5

6pm-7pm | \$90

Technique Time ⁽¹²⁺⁾

6pm-7pm | \$18

Thursday

Homeschool Drills

1pm-2pm | \$90

High School Varsity

(2/Week Commitment)

4pm-6pm | \$180

CTP

(Invite Only, 2/Week Commitment)

4pm-6pm | \$180

Kindergarten

5pm-5:45pm | \$67.50

Grades 1-2

6pm-7pm | \$90

To be eligible to enroll for CTP, players must be a member of the Greater Midland Tennis Center, play both days a week and be approved by an on-site tennis professional.

*Pricing shown reflects the member discount. Guests pricing is \$40 additional for all junior and the Learn to Play programs, and \$12 additional for Drop-In Classes.

To participate in the Tournament Academy, players must be a member of the Greater Midland Tennis Center, play four days a week and be approved by an on-site tennis professional.

Register:

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use your Member Portal



greatermidland.org/tennis-center

JUNIOR PROGRAM CLASSES

PRESCHOOL TENNIS

(Open to children ages 3 and 4)

This class emphasizes tennis fun with simple tasks and games to get children familiar with the racquet, ball, movements and strokes. Utilizing the 'Tennis Whizz' philosophy, the class fosters the healthy mental, physical and emotional growth of the children. Children learn basic motor skills: racquet handling and control: hitting and basic strokes: and social skills. A 36-foot court and red foam balls are used.

KINDERGARTEN TENNIS

(Open to children ages 5 and 6)

In this class, learning through play is key to develop basic motor skills, racquet handling, control, hitting, basic strokes and social skills. Sending and receiving skills are emphasized at this age as well as good sportsmanship. A 36-foot court and red foam balls are used.

GRADES 1 & 2 TENNIS

(Open to children ages 6 to 8)

This class emphasizes serving and the ability to rally and score as soon as possible. Basic technique: tracking and moving to the ball: balance and coordination skills: and learning basic rules are also areas of focus. A 36-foot court and red foam balls are used.

GRADES 3 – 5 TENNIS

(Open to children ages 8 to 11)

This class focuses on sport skills, technique, movement and how to play the game. Players learn how to serve, rally and score. These players use the 60-foot court and orange balls.

GRADES 3 – 6 TENNIS

(Invitation Only, children ages 8 to 12)

This class will focus on cultivating a competitive culture and more advanced understanding of the game of tennis. The main goal of the class is for the juniors to have fun and to enable an environment where their love for the game continues to grow. We target juniors with orange ball experience, a good tennis skill set and passion for the game. Players use the full court and green balls.

MS/HS JV TENNIS

(Open to children ages 11 to 14)

This class focuses on technique, control and tactics for successful tennis playing. The class emphasizes preparing players for singles and doubles point play.

MS/HS JV LEARN TO PLAY

(Open to children ages 11 to 14)

This class is designed to teach basic tennis fundamentals while preparing athletes for competition.

HIGH SCHOOL VARSITY TENNIS

(Open to children ages 14 to 18)

This program is made for players currently playing on their high school team or will play on their high school team and play both days a week. This class focuses on skill development, technique and point play for singles and doubles.

HOMESCHOOL DRILLS

(Open to children ages 4-14)

Homeschool drills are designed for athletes who are able to play during the day and would like to be introduced to the game of tennis while developing athletic skills.

DROP-IN CLASS TECHNIQUE TIME

(Open to ages 13 and up with 1-year experience)

This 60-minute class will focus on technique of all strokes. Professional staff utilize the ball machines to maximize the number of balls you hit along with up-close coaching. You will have the opportunity to work on all strokes with many repetitions.

ADVANCED JUNIOR TENNIS COMPETITIVE TENNIS PROGRAM (CTP)

The Competitive Tennis Program (CTP) is a member-only class open to players who are dedicated to playing high-caliber tennis and interested in tournament competition. To be eligible to enroll for CTP, players must be a member of the Greater Midland Tennis Center, play both days a week and be approved by an on-site tennis professional. This class focuses on technique, footwork and competitive point play.

TOURNAMENT ACADEMY

Tournament Academy is designed for the serious tennis athlete who is currently competing in USTA tournaments with the intent of playing college tennis and beyond. This is an intensive program that requires 100% commitment from the athletes. This program will focus on physical conditioning, tactical awareness, and develop appropriate practice habits. Players are expected to commit to the full 8 hours a week.



For more information about programming, private lessons, CTP or Tournament Academy, please contact Jared Flick, Director of Junior Tennis by email, jflick@greatermidland.org.