

SPRING/SUMMER BROCHURE 2024



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DONOR THANK YOU 19

OUR OFFERINGS WILL BRING JOY TO EVERY MEMBER OF YOUR FAMILY!

GREATERMIDLAND.ORG/MEMBERSHIP

ONLY \$96 /MONTH
FOR THE WHOLE FAMILY

GREATER MIDLAND COMMUNITY CENTER MEMBERSHIP GUIDE

Membership Pricing	CENTER			CENTER PLUS			ALL ACCESS		
Membership Type	Youth/Young Adult	Adult	Family	Youth/Young Adult	Adult	Family	Youth/Young Adult	Adult	Family
Membership Monthly Fee	\$28	\$48	\$67	\$31	\$53	\$82	\$36	\$58	\$96
One-Time Impact Fee	\$25	\$50	\$75	\$25	\$50	\$75	\$25	\$50	\$75
Annual Membership Cost	\$361	\$626	\$879	\$397	\$686	\$1,059	\$457	\$746	\$1,227
Membership Benefits									
Wellness Center	✓	✓	✓	✓	✓	✓	✓	✓	✓
Track & Adventure Bridge	✓	✓	✓	✓	✓	✓	✓	✓	✓
Multiuse Pool (Lap/Rec)	✓	✓	✓	✓	✓	✓	✓	✓	✓
Court Sports (basketball, volleyball, pickleball etc.)	✓	✓	✓	✓	✓	✓	✓	✓	✓
Spa (whirlpool) & Dry Sauna	✓	✓	✓	✓	✓	✓	✓	✓	✓
Discounted Program Fees	✓	✓	✓	✓	✓	✓	✓	✓	✓
24/7 Fitness Center (Building Hours Only)	✓	✓	✓	✓	✓	✓	✓	✓	✓
24/7 Fitness Center (Full Access)				✓	✓	✓	✓	✓	✓
Group Fit / Virtual Classes				✓	✓	✓	✓	✓	✓
Child Watch						✓			✓
Priority Registration							✓	✓	✓
PT Reward Program Eligibility							✓	✓	✓
Tennis Center (Access & select discounts)							✓	✓	✓
Coleman & North Family Ctr.							✓	✓	✓

SilverSneakers® is an insurance based program. Those that qualify receive Adult Center Plus membership at no out-of-pocket cost.

The Greater Midland Community Center provides scholarships on a sliding fee scale to those eligible by income. Funding is provided by United Way of Midland County. Please inquire at our Welcome Center for more information: 989.832.7937x2260 or visit greatermidland.org

CONTACTS

ACTIVE ADULTS

AMANDA EWALD 989.832.7937 EXT. 2270
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AQUATICS

TYLER MILLER 989.832.7937 EXT. 4499
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ATHLETICS & GREATER SPORTS PERFORMANCE

DEVON GILLIAM 989.832.7937 EXT. 2265
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EARLY CHILDHOOD EDUCATION

BECCA SCHNEIDER 989.832.7937 EXT. 2312
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GYMNASTICS, CHEER, POM, ARTS & BIRTHDAY PARTIES

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MEMBERSHIP

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RACES

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RECREATION & SUMMER CAMPS

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VOLLEYBALL & PRESCHOOL ATHLETICS

KYLEE HERRINGTON 989.832.7937 EXT. 2263
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WELLNESS/GROUP FITNESS

AMY WOZNIAK 989.832.7937 EXT. 2251
AWozniak@greatermidland.org

For drop-in basketball, volleyball, badminton, pickleball, table tennis, gymnastics, jungle gym, and swim hours, visit greatermidland.org/community-center

BUILDING HOURS

MEMORIAL DAY - LABOR DAY

MONDAY - THURSDAY 5:00am - 9:00pm
FRIDAY 5:00am - 7:00pm
SATURDAY 7:00am - 5:30pm
SUNDAY 11:00am - 4:00pm

CLOSED:

Memorial Day, July 4th, Labor Day, Thanksgiving, Christmas Day, New Year's Day and Easter

Open Special Hours: Christmas Eve & New Year's Eve

IMPORTANT DATES

SPRING SESSION: March 31, 2024 – May 9, 2024

SUMMER SESSION 1: June 2, 2024 – July 6, 2024

SUMMER SESSION 2: July 7, 2024 – August 17, 2024

REGISTRATION BEGINS: Monday, March 4, 2024

SAVE MONEY! REGISTER EARLY AND AVOID A \$10 LATE FEE!



SPRING \$10 Late Fee Begins:
Sunday, March 24, 2024

SUMMER 1 \$10 Late Fee Begins:
Sunday, May 26, 2024

SUMMER 2 \$10 Late Fee Begins:
Sunday, June 30, 2024

BOOK A WORKOUT

Members can secure their spot for Group Fitness Classes

SIGN UP FOR A CLASS

CHILD WATCH

Monday-Friday: 8am-12pm • Monday-Thursday: 5:30pm-7:30pm
Saturday: 9am-11am

*Reservations highly recommended

Care available up to 90 minutes per day per child

POLICIES

FAMILY MEMBERSHIPS:

A family membership is considered two adults 25+ years old and all dependents residing in the household 24 years old and under.

MEMBERSHIP AUTO-DRAFT:

A minimum of 1 auto-draft is required prior to membership cancelation.

INCLEMENT WEATHER PLAN

GMCC may cancel classes due to inclement weather or other unforeseen circumstances such as power outage, pool malfunction, evacuation, natural disaster, etc. Classes canceled due to such will not be issued a credit or refund.

PRESCHOOL PROGRAMS

PRESCHOOL AQUATICS



AQUA BABIES AGES: 6 MONTHS - 1.5 YEARS

This class will introduce you and your child to basic water skills. The goals of this class will include water adjustment, beginning swimming techniques, and water safety. These will be achieved through games, songs, and play. Bonding and interaction will be an important component of Aqua Babies. This class requires one adult to accompany each child in the water.

SPRING				Member/Participant
4/1 - 5/6	31100-A	M	4:30pm - 5:00pm	\$81/\$108
4/3 - 5/8	31100-B	W	4:30pm - 5:00pm	\$81/\$108
4/6 - 5/4	31100-C	Sa	9:00am - 9:30am	\$68/\$90
SUMMER 1				
6/3 - 7/1	41100-A	M	4:30pm - 5:00pm	\$68/\$90
6/3 - 7/1	41100-B	M	6:15pm - 6:45pm	\$68/\$90
6/5 - 7/3	41100-C	W	4:30pm - 5:00pm	\$68/\$90
SUMMER 2				
7/8 - 8/12	41100-D	M	4:30pm - 5:00pm	\$81/\$108
7/10 - 8/14	41100-E	W	4:30pm - 5:00pm	\$81/\$108
7/10 - 8/14	41100-F	W	6:15pm - 6:45pm	\$81/\$108

GUPPIES AGES: 1.5-2.5

This class will be an introduction to basic skills that lay a foundation for learning to swim. Together you and your child will learn many skills and safety techniques such as blowing bubbles, strong kicks, and entering/exiting the water. These will be achieved through games, songs, and play. This class requires one adult to accompany each child in the water.

SPRING				Member/Participant
4/1 - 5/6	31200-A	M	5:05pm - 5:35pm	\$81/\$108
4/3 - 5/8	31200-B	W	5:05pm - 5:35pm	\$81/\$108
4/6 - 5/4	31200-C	Sa	9:35am - 10:05am	\$68/\$90
SUMMER 1				
6/3 - 7/1	41200-A	M	5:05pm - 5:35pm	\$68/\$90
6/5 - 7/3	41200-B	W	5:05pm - 5:35pm	\$68/\$90
6/5 - 7/3	41200-C	W	6:15pm - 6:45pm	\$68/\$90
SUMMER 2				
7/8 - 8/12	41200-D	M	5:05pm - 5:35pm	\$81/\$108
7/10 - 8/14	41200-E	W	5:05pm - 5:35pm	\$81/\$108

STRUCTURED LESSONS

All aquatic instructional programs are offered under the standards of the American Red Cross. Standardized skills and progress reports will be used in all classes to reflect each student's abilities.

PARENT - CHILD CLASSES

We offer several different parent-child programs to meet a variety of needs. These classes are designed to teach the adult skills and attitudes to help his/her child feel safe in the water, acquire necessary swimming skills, enjoy time together, and have fun.

THINGS YOU NEED TO KNOW BEFORE YOUR FIRST CLASS:

1. No make-ups will be given for any missed classes.
Swim class fees do not include admittance to any open swim times.
2. Please bring hair ties or clips for hair that will hang in the face when wet.
3. Please remove street shoes before entering pool area.
4. Please be sure the student uses the bathroom before class, especially younger students that may need help.

GOLDFISH

AGES: 2.5-3.5

This class will get your child ready to move on to our Learn to Swim Lessons. This class will focus on safety and confidence in the water. Goldfish will introduce using a kickboard, noodle, and float pack while swimming. Toddlers will develop skills through songs, games, and play. This class requires one adult to accompany each child in the water.

SPRING		Member/Participant	
4/1 - 5/6	31300-A M	5:40pm - 6:10pm	\$81/\$108
4/3 - 5/8	31300-B W	5:40pm - 6:10pm	\$81/\$108
4/6 - 5/4	31300-C Sa	10:10am - 10:40am	\$68/\$90
SUMMER 1		Member/Participant	
6/3 - 7/1	41300-A M	5:40pm - 6:10pm	\$68/\$90
6/5 - 7/3	41300-B W	5:40pm - 6:10pm	\$68/\$90
SUMMER 2		Member/Participant	
7/8 - 8/12	41300-C M	5:40pm - 6:10pm	\$81/\$108
7/8 - 8/12	41300-D M	6:15pm - 6:45pm	\$81/\$108
7/10 - 8/14	41300-E W	5:40pm - 6:10pm	\$81/\$108

REGISTER NOW

GYMNASTICS



HOPPERS

AGES: 2-3.5 YEARS

This parent assisted class encourages basic gymnastics fundamentals. They will practice jumps, rolls, balance, and grip strength. Children at this age should begin to skip, hop on one foot and attempt somersaults. Each week will introduce a fun theme to go along with their lessons!

SPRING		Member/Participant	
4/2-5/7	37005-A Tu	5:00pm - 5:30pm	\$62/\$83
4/3-5/8	37005-B W	9:25am - 9:55am	\$62/\$83
4/6-5/4	37005-C Sa	9:00am - 9:30am	\$53/\$70

JUNGLE GYM

AGES: 6 YEARS & UNDER

This is a parent assisted drop-in class for ages 6 and under.

SUMMER		Cost	
6/12 7/10 8/4	W	4:00pm - 6:00pm	
All Access Family Membership Holders		FREE	
Participants		\$7	

TUMBLE JUNGLE

AGES: 3.5-4 YEARS

This class introduces independence and teaches social and listening skills. They will also be introduced to gymnastics with basics of coordination, strength, and flexibility. This class will also introduce vault, bars, beam, and floor. Each class will have a theme to make the class more engaging and fun.

SPRING		Member/Participant	
4/2-5/7	37010-A Tu	5:35pm - 6:20pm	\$74/\$98
4/6-5/4	37010-B Sa	9:35am - 10:20am	\$61/\$82

REGISTER NOW

ATHLETICS

MINI SPORTS SAMPLER

AGES: 2-3 YEARS

Children are invited to participate in a program that will introduce them to new sports, games and fitness activities in this variety-filled 30-minute session! This experience will enhance hand/foot-eye coordination, gross motor skills, balance and social interactions in a physical education atmosphere.

SPRING		Member/Participant	
4/1-5/6	38537-B M	5:00pm - 5:30pm	\$62/\$83
4/2-5/7	38537-A Tu	5:10pm - 5:40pm	\$62/\$83

BASKETBALL, T-BALL & SOCCER

AGES: 3-5 YEARS

Children will be introduced to the basic skills of basketball, t-ball and soccer in a variety-filled 45-minute session. This experience will enhance hand/foot-eye coordination, gross motor skills, balance and social interactions in a physical education atmosphere.

SPRING		Member/Participant	
4/1-5/6	37105-B M	5:35pm - 6:20pm	\$73/\$98
4/2-5/7	37105-A Tu	5:45pm - 6:30pm	\$73/\$98



REGISTER NOW

YOUTH PROGRAMS

YOUTH WELLNESS/FITNESS

TEEN FITNESS POLICY

Equipment orientation is required for youth participants. Children who are 12 may use the Wellness Center with a parent or guardian with them at all times. Children who are 13 may use the Wellness Center if their parent or guardian is in the facility. All 12- and 13-year-olds can only access Life Fitness Pin Select, Free Motion and cardio equipment. Full access to the Wellness Center is allowed at age 14 and older. **INFO & ORIENTATION: Amy Wozniak at AWozniak@greatermidland.org or 989.832.7937 ext. 2251**

GYMNASTICS



INTRO TO GYMNASTICS

AGES 5-7 YEARS

Great for beginners! Learn the basics of floor skills including cartwheels, jumps, rolls, and handstands. Skills on the beam, bars, vault and trampoline will be introduced too. Must be able to do a forward roll in order to enroll in Intro.

SPRING				Member/Participant
4/4-5/2	37020-A	Th	5:00pm - 5:55pm	\$73/\$97
4/6-5/4	37020-B	Sa	10:25am - 11:20am	\$73/\$97



BEGINNER GYMNASTICS

AGES 7-13 YEARS

Next progression from Intro will continue to learn and improve floor skills including cartwheels, jumps, rolls, handstands, beam, bars, vault, and trampoline. Must be able to do a straight leg cart-wheel in order to enroll in Beginners.

SPRING				Member/Participant
4/4-5/2	37025-A	Th	6:00pm - 6:55pm	\$73/\$97

INTERMEDIATE GYMNASTICS

AGES 7-14 YEARS

Continues skills from Beginner with addition of more advanced progressions on each event. Must have coach approval to enroll.

SPRING				Member/Participant
4/4-5/2	37035-A	Th	7:00pm - 7:55pm	\$73/\$97



WARRIOR ZONE

AGES: 6 -11 YEARS

Parkour type moves, mixed with tumbling skills, obstacle courses, games, and lots of sweat!

SPRING				Member/Participant
4/2-5/7	37047-A	Tu	6:25pm - 7:10pm	\$87/\$116
4/6-5/4	37047-B	Sa	11:25am - 12:10pm	\$73/\$97

REGISTER NOW

Private and Semi-Private Gymnastics Lessons

Private lessons are great for getting a little more one on one time with their instructor. They're also beneficial for those students wanting to perfect certain skills that may require more attention in order to achieve. Prices are \$35 per 30 minutes for private and \$20 per student for semi-private up to 4 students. All times will be coordinated with your instructor and lessons can be purchased at our Welcome Center. **INFO: Madelyn Wissel 989.832.7937 ext. 2264 or MWissel@greatermidland.org**



YOUTH POM/CHEER



INTRO TO CHEER & POM

AGES: 6-11 YEARS

Come learn the basics of cheer and pom! Participants will have fun while exploring the various disciplines of cheer and pom including motions, jumps, tumbling, stunting, and kick line. Each class is designed to explore varying techniques utilized within cheer and pom.

SPRING				Member/Participant
4/3-5/8	37082-A	W	6:00pm - 6:55pm	\$87/\$116

YOUTH BASKETBALL PROGRAMS



PRIVATE & SEMI-PRIVATE YOUTH BASKETBALL WORK-OUTS

AGES: 13-16 YEARS

Even the best basketball players can benefit from individual basketball work-outs. Private basketball trainings will allow your player to put a focus on their offensive skills with an emphasis on shooting and scoring. One-on-one perimeter and post moves will be worked on in this one-on-one setting. Participants may register individually. Devon Gilliam will be coaching all of these Private Individual Basketball Work-Outs. Devon has nearly 20 years of coaching experience at the recreational, travel and high school levels.

For more information/details, please contact Devon Gilliam at DGilliam@greatermidland.org.



PRIVATE YOUTH BASKETBALL

Member/Participant

Ages 8-16	37214-A	W	4/3-5/8	4:00pm - 4:40pm	\$150/\$150
Ages 8-16	37214-B	W	4/3-5/8	4:45pm - 5:25pm	\$150/\$150
Ages 8-16	37214-C	W	4/3-5/8	5:30pm - 6:10pm	\$150/\$150

SEMI PRIVATE YOUTH BASKETBALL

Grades 4-5	37215-A	Th	4/4-5/2	4:00pm - 4:40pm	\$100/\$100
Grades 6-7	37215-B	Th	4/4-5/2	4:45pm - 5:25pm	\$100/\$100
Grades 8-9	37215-C	Th	4/4-5/2	5:30pm - 6:10pm	\$100/\$100

I DREAM - JUNIOR BASKETBALL LEAGUE

GRADES K-2

AGES: 5-7 YEARS

Beginner Basketball Program designed to teach the fundamentals of basketball (dribbling, passing, shooting, man-to-man defense), as well as teamwork and good sportsmanship in a clinic and game setting. Each player will receive a basketball.

SPRING					Member/Participant
4/2-5/7	37104-A	Tu		6:35pm - 7:30pm	\$87/\$116
4/1-5/6	37104-B	M		6:25pm - 7:20pm	\$87/\$116

PROS & CHAMPIONS BASKETBALL CLINIC

GRADES 3-6

Fundamentals, game strategies, teamwork and good sportsmanship will be an emphasis of this weekly basketball clinic. Fun-filled station drills, relays, skill-enhancing games and scrimmages will help players improve their basketball skills. Each player will receive a basketball.

SPRING					Member/Participant
4/4-5/2					
Grades 3-4	37102-A	Th		5:30pm - 6:25pm	\$73/\$97
Grades 5-6	37102-B	Th		6:30pm - 7:25pm	\$73/\$97

REGISTER NOW

GYM RENTALS

The Midland Community Center has three full size gyms to rent by groups and organizations. Special rates are available for Midland Community Center team practices/scrimmages. For specific information, please contact **Devon Gilliam at ext 2265 or DGilliam@greatermidland.org**

YOUTH VOLLEYBALL PROGRAMS

YOUTH VOLLEYBALL CLINICS

AGES 8-11

Beginner volleyball program designed to teach the fundamentals of volleyball (passing, setting, serving, attacking and court positioning), as well as teamwork and good sportsmanship in a clinic setting. Being active, having fun and improving individual skills will be our focus. Lower net and lighter volleyballs will be used to encourage player success. Knee pads are recommended.

SPRING

4/3- 5/8

37834-A	Ages 8-10	W	4:30pm - 5:25pm	\$85/\$114
37834-B	Ages 10-13	W	4:30pm - 5:25pm	\$85/\$114

Member/Participant

MIDDLE SCHOOL YOUTH VOLLEYBALL CLINIC

GRADES 7-8

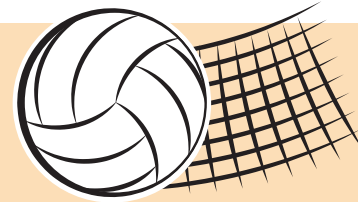
Intermediate volleyball program designed to focus on the fundamentals of volleyball (passing, setting, serving, attacking and court positioning), as well as teamwork and good sportsmanship in a clinic setting. Being active, having fun and improving individual skills will be our focus. Team play will be a big component of this volleyball program.

SPRING

4/3-5/8

37834-C	W	5:30pm - 6:30pm	\$85/\$114
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Member/Participant



MICHIGAN ELITE VOLLEYBALL

For information regarding travel volleyball for girls ages 10-18, please visit www.MIELITE.com.

PARENTS & KIDS SEW FOR AGES 6-8

Spend quality time together in a sewing class! Parents & Kids Sew is an introduction to sewing for youth ages 6-8. This class is a unique, creative, fun and educational way for your child to learn the basics of hand and machine sewing. The youth participants will sew a beginner project (with the help of their adult participant), while learning to thread a machine, pin fabric, cut and iron fabric, too. This is a great opportunity for parents and kids who want to give sewing a try. All supplies and equipment are provided. Families are welcome to bring their own sewing machine, as long as they have basic operating knowledge of that machine.

Spring

4/21	38062-A	Su	1:00pm - 3:30pm	\$41/\$55
5/3	38062-B	F	5:00pm - 7:30pm	\$41/\$55

REGISTER NOW

REGISTER NOW



ADULT PROGRAMS

PEDIATRIC FIRST AID, CPR & AED – BLENDED LEARNING – SPRING 2024



ADULT & PEDIATRIC FIRST AID, CPR & AED BLENDED LEARNING AGES 16-99

This course will prepare you to recognize and care for a variety of first-aid, breathing and cardiac emergencies involving adults, children and infants and meets OSHA/workplace requirements. This is a blended learning course including an online portion and an instructor-led classroom skill session. The online portion must be completed prior to attending the in-class portion and must be taken on a PC or tablet with high speed internet connection. Allow approximately 2 hours 30 minutes to complete the online portion. The instructor-led classroom session will take about 2 hours and 30 minutes to complete. Upon successful completion of this course you will receive a digital certificate for Adult and Pediatric First Aid/CPR/AED, valid for two years.

Spring		Member/Participant
4/16	31111-A Tu 6:00pm - 8:30pm	\$80/\$80

ADULT SEWING 101 AGES 16-99

Would you like to learn to sew? It is not too late. Join us for one of our project-based classes. Gather your family, friends and co-workers for an evening of fun, enjoyment and learning. This class is a unique, creative and fun way for you to learn the basics of machine sewing. Each participant will sew a beginner project from start to finish while learning to thread a machine, pin and cut fabric too. This is a great opportunity for any adult who wants to give sewing a try. No experience necessary! All supplies and equipment are provided. Adults are welcome to bring their own sewing machine, as long as they have basic operating knowledge of that machine.

Spring		Member/Participant
4/18	38064-A Th 6:00pm - 8:00pm	\$41/\$55
5/2	38064-B Th 6:00pm - 8:00pm	\$41/\$55

REGISTER NOW

ADULT ATHLETICS



SPRING ADULT 4ON4 BASKETBALL AGES: 16-99

Each team will have one week of practice and play six league games. There will be a single-elimination tournament at the end of the season. Games will be on held on Tuesday (Adult B or Low B) or Thursday evenings (Adult A or Womens). Practices will take place the week of April 1, 2024. League play begins the week of April 8, 2024. Tournament play will be scheduled the weeks of May 20 and 27.

Spring		Member/Participant
4/2-5/30	37210-A Tu/Th 6:30pm - 10:00pm	\$53/\$70



SUMMER INDOOR 4ON4 HOOPS LEAGUE AGES: 16-99

Now registering teams for the summer 4ON4 indoor basketball leagues. Games will be played on Monday evenings. Teams must have a Team Roster and player fees must be turned in by May 23, 2024. League play begins June 10, 2024. Season will be 6 league games and a single-elimination tournament at the end of the season.

Summer		Member/Participant
6/10 - 8/5	47212-A M 6:30pm - 9:30pm	\$53/\$70

REGISTER NOW

ADULT ACTIVE PROGRAMS

BARSTOW/SHIPPS WING

QUALIFYING MEMBERS

Members who are 50 years or older have access to all the Barstow/Shipp's Wing has to offer if you have one of the following memberships: **50+ Membership \$31-\$19, based on proration with expiration of May 31, SilverSneakers®, Center, Center Plus, or All Access or Group Fitness pass.** Community Wing activities will be no cost, unless otherwise stated, once in the new building.

50+ CENTER FUN ACTIVITIES/EXERCISE

SENIOR PANCAKE BREAKFAST

All Senior Pancake Breakfast Events are held in the Curling Center Clubhouse, 11am-12pm. Members, \$3 to attend. Non-member: \$5 to attend. We accept cash only, on the day of. Must sign-up at least 1 week in advance, call (989) 832-7937 ext. 2270.

Dates: May 20th, July 22nd

Breakfast and prizes sponsored by Right At Home

-Cancelled if Midland Public Schools close due to weather.

BILLIARDS - POOL

Pool tables open for play anytime the Center is open.

DUPLICATE BRIDGE

Monday & Wednesday at 12:30 p.m. This is sanctioned bridge and includes additional fees.

EUCHRE

Played every Monday & Wednesday at 1:00pm. Everyone is welcome.

CONTRA DANCE

Held at the Greater Midland Community Center 50+ Center. Fun for all ages! Beginners, experienced dancers, singles, couples, and children 8 or older with an adult. Warm-up/pre-dance lesson begins at 6:30pm with dancing to follow 7-9pm with live music by Swollen Fingers String Band.

COST: Community Center Member \$5 | Non Community Center Member \$10 | Youth age 0-17 \$7

Dates: April 13th

MAH JONGG

Tuesdays & Thursdays at 1:00pm. Mah Jongg is a rummy-like game played with tiles rather than cards. Beginners are welcome and instruction is offered if needed.

LINE DANCING

Tuesday & Thursday at 10:30am. Led by a volunteer!

SENIOR OPEN WALK HOUR

Monday, Wednesday & Friday 9-10am, South Gym.

REGISTER NOW

BINGO DAYS

Come play for fun & prizes!

When: June 17th, July 15th, August 19th

Where: Midland Community Center

Cost: Free for Members | \$5 for Non-Members (POS#0898)

-Please check-in at the Welcome Desk prior to playing

-Snacks & drinks are available for purchase 15 minutes before play begins.



SILVER SNEAKERS®

Improve your cardio, strength, coordination & flexibility!

This program includes:

- ALL group fitness classes* • SilverSneakers® Classes*
- Wellness Center • Walking Track • Greater Midland Walking Club
- 50+ Center Membership • Oasis Pool + Hot Tub open swim + Sauna
- East Pool for lap swimming • Court sports including pickleball, volleyball, basketball

*Must reserve your spot in class within 48 hours of class time.

Contact Amanda Ewald, 50+ Program Coordinator, to see if you are eligible today! (989) 832-7937 EXT. 2270

SilverSneakers® is now accepted at our other fitness centers including North Family Center, and Coleman Family Center! Make us your headquarters for fitness and let SilverSneakers® help you get fit your way!

GREATER MIDLAND WALKING CLUB

Grab your sneakers, invite a friend and come walk with us! Incentives, goals, and walking map destinations will be tracked each session.

**Registration is required. April 2 - May 9
Tuesday & Thursday, 9:00am - 9:55am**

**34900-A: FREE for SilverSneakers Participants & 50+ Member Participants
34900-B: \$70 for Non-Member | 34900-C: \$35 for Members**

TRAVEL WITH US! For information & reservations contact Amand Ewald at 989.832.7937, ext. 2270, aewald@greatermidland.org



A DAY ON MICHIGAN'S WESTSIDE THURSDAY, JULY 11TH

Activity # 45145 A | Cost \$125 | Depart 7:00 a.m. | Return 6:30 p.m.

Trip will include: Fully escorted Motorcoach bus trip including snacks, games and prizes -Begin the day taking in awe-inspiring views of the shores of Lake Michigan. Climb or take pictures of the Little Sable Lighthouse and soak in the beauty of the Westside. Experience the Silver Lake Sand Dunes like never before on a 40-minute dune tour. You will have the opportunity to see Lake Michigan and have a ride to one of the tallest dunes on the Silver Lake side of Michigan. This dune ride is accessible to the mobility impaired. This is a thrilling experience! -Visit the Centennial Country Dairy Farm where we will go on a farm-to-table wagon tour of this large working dairy farm. Gain new appreciation of what it looks like to run a Michigan Dairy Farm. Enjoy a provided lunch of your choice at the Country Dairy Farm; where your meal will come with bottomless fresh chocolate milk and an ice cream cone straight from the farm. Rain date: In the case of bad weather, this trip will be rescheduled for Thursday, July 18th Check your email prior to the date to stay informed.

CASTLE FARMS + MUSHROOM HOUSE TOURS THURSDAY, AUGUST 15TH

Activity # 45145 B | Cost \$119 (Must be 10+ years) | Depart 7:30 a.m. | Return 8:30 p.m.

Trip will include: Bask in the history and views of the magnificent Castle Farms on a 2-hour guided tour; including a tram ride around the grounds of the property. Enjoy a tasty, private lunch, served at the Castle. Absorb the beauty and history of custom homes through a step-on guided bus tour. Built by the famous, Earl Young, these homes resemble mushrooms and are so pleasing to experience. Enjoy free time in Charlevoix, spending time by the beautiful water front or in their quaint shops. Fully escorted Motorcoach bus trip including snacks, games and prizes.

NEW YORK CITY & NEW YORK'S FINGER LAKES 8 DAYS - 7 NIGHTS | SEPTEMBER 28 – OCTOBER 5, 2024

Pricing: Jan. 15 – April 30

\$1,759 Double Occupancy

Activity #15334A

\$2,398 Single Occupancy

Activity #15334B

Pricing: May 1-July 15

\$1,859 Double Occupancy

Activity #15334A

\$2,498 Single Occupancy

Activity #15334B

7 Nights lodging, including overnight en route to NYC, 7 Breakfasts, 1 Lunch at Belhurst Castle, 4 Dinners including 2 in Manhattan, Tour of Upper Manhattan, Tour of Lower Manhattan, Ferry Ride and visits to the Statue of Liberty & Ellis Island featuring a self-guided audio tour & Statue of Liberty Museum .St. Nicholas Greek Orthodox Church, National 9/11 Memorial Museum, Shopping along Fifth Avenue or at Rockefeller Center, Corning Museum of Glass, Willard Memorial Chapel, Sonnenberg Gardens & Mansion, Finger Lakes Winery Tour & Tasting, Scenic Lake Cruise, National Soaring Museum, Finger Lakes Gaming & Racetrack, Souvenir gift, Luggage handling in the New York City area, Taxes and meal gratuities, Motorcoach transportation.

50% deposit required at time of registration. Full payment due by July 15.

****Cancellation insurance available upon request**

NASHVILLE'S OPRYLAND COUNTRY CHRISTMAS 5 DAYS - 4 NIGHTS | DECEMBER 3 – DECEMBER 7, 2024

Pricing: Jan 15 – June 30

\$1,349 Double Occupancy

Activity #25334A

\$1,848 Single Occupancy

Activity #25334B

Pricing: July 1 – September 20

\$1,449 Double Occupancy

Activity #15334A

\$1,948 Single Occupancy

Activity #15334B

Pricing Info

Overnight Lodging To / From Nashville, 2 Nights Lodging at The Gaylord Opryland Hotel, 4 Breakfasts *General Jackson Luncheon Cruise w/ Entertainment, Lunch at Paula Deen's Family Kitchen, Country Christmas Dinner Show w/featured entertainer, Brightest Star Fountain Show Two Million Lights, Delta River Flatboat Ride, Themed Ice Sculptures & Exhibit *Guided Tour of Nashville, Opry Country Christmas Show at the Opry House, Tour of RCA Studio B, Souvenir Gift, Luggage Handling in Nashville, Taxes & Meal Gratuities, Motorcoach Transportation, 50% deposit required at time of registration, Full payment due by September 20.

**FOR INFORMATION AND RESERVATIONS
CONTACT: Amanda Ewald at 989.832.7937 Ext. 2270,
Aewald@greatermidland.org**



WELLNESS

PERSONAL TRAINING

Whether your goal is general wellness, weight loss, muscle toning, injury prevention, bodybuilding, power-lifting or simply to learn proper exercise technique, our knowledgeable trainers will motivate and encourage you on your journey. **Full Hour Training Sessions are \$60 each. Half Hour Training Sessions are \$35 each.** Contact Valerie Rico Faber at VFaber@greatermidland.org or 989.837.7937 X2253

MEET YOUR TRAINERS

Group Fitness
greatermidland.org/group-fitness

Personal Training
greatermidland.org/personal-training

Specialty Fitness
greatermidland.org/group-fitness

NUTRITION COACHING

Exercise is only one aspect of adopting a healthier lifestyle. Schedule your one-on-one consultation with our registered dietitian, Catherine Frederick to analyze your eating habits and design an individualized nutrition plan that addresses your specific dietary and supplement needs.



TAKE YOUR FIRST STEP:

Contact Valerie Rico Faber at VFaber@greatermidland.org or 989.837.7937 X2253

1st Nutrition Consultation: \$75 | Follow-up Nutrition Consults: \$50

CLICK HERE TO INQUIRE



A SPECIAL THANKS TO THESE GREATER MIDLAND RACE SPONSORS!



Interested in Race Sponsorship? Visit GREATERMIDLAND.ORG/RACE-SPONSORSHIP



GREATER MIDLAND RACES 2024

BE GREATER • RACE LOCAL

START RACES

GREATER MIDLAND DOW RUN RUN WALK

Saturday, June 1

A race for everyone: 10K Run, 5K Run, 5K Walk, 1 Mile Run and Tot Trot. Returning this year: the DRW DUO. Run a 5K and come back to the START to run a 10K! Come for the race; stay for community!
Powered by: Members First Credit Union

run the river
 midland, mi

Friday, August 2

In partnership with Midland River Days, join us at the Tridge for an evening 5K, hot air balloons and so much more! NEW for 2024 - 1 Mile Race!
Powered by: Preferred Chiropractic of Midland

PENNANT RACE 2024

Friday, August 23

A home run evening of racing, baseball and entertainment! The 5K Run, 5K Walk and 1 Mile race all start and finish in Dow Diamond.

MIDLAND TRIPLE CHALLENGE

Take the Triple Challenge! Compete in our three 5K Runs, 5K Walks or 1 Mile* races this season to keep you motivated and track your progress! *New for 2024

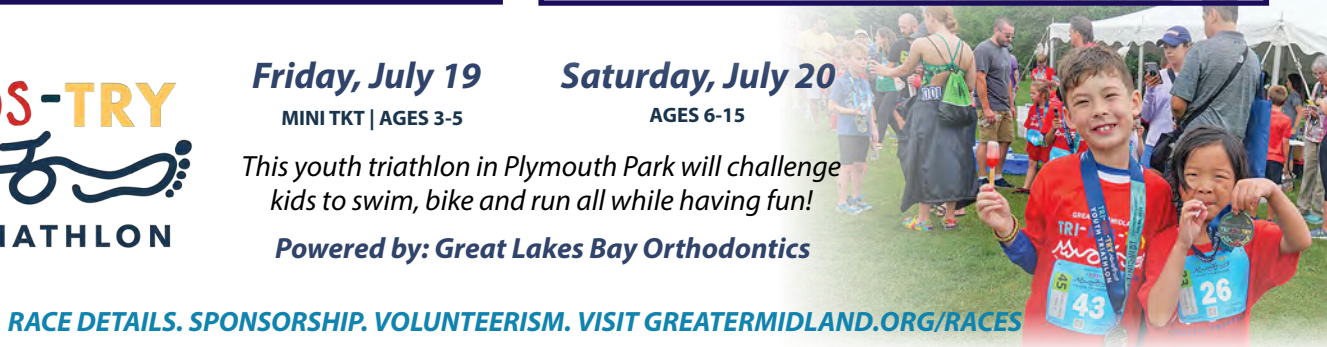
TRI-KIDS-TRY
 YOUTH TRIATHLON

Friday, July 19
 MINI TKT | AGES 3-5

This youth triathlon in Plymouth Park will challenge kids to swim, bike and run all while having fun!

Powered by: Great Lakes Bay Orthodontics

Saturday, July 20
 AGES 6-15



RACE DETAILS. SPONSORSHIP. VOLUNTEERISM. VISIT GREATERMIDLAND.ORG/RACES



AQUATIC PROGRAMS

PRIVATE & SEMI-PRIVATE SWIM LESSONS

Looking for one-on-one instruction to improve technique, endurance and form? Does your little one need a little extra attention in the water? From toddlers to adults, private lessons are a great way to get individualized instruction and achieve your swimming goals. Private lessons are \$40 for each 30-minute session. Semi-Private lessons are \$25 per individual for each 30-minute session. **Email TMiller@greatermidland.org to register** for Semi-Private Lessons.

SPRING

4/1 - 5/6	31731-A	M	4:15pm - 4:45pm	\$240
	31731-B	M	4:15pm - 4:45pm	\$240
	31731-C	M	4:50pm - 5:20pm	\$240
	31731-D	M	4:50pm - 5:20pm	\$240
	31731-E	M	5:25pm - 5:55pm	\$240
4/2 - 5/7	31731-F	M	5:25pm - 5:55pm	\$240
	31731-R	M	6:00pm - 6:30pm	\$240
	31731-S	M	6:00pm - 6:30pm	\$240
	31731-V	Tu	4:15pm - 4:45pm	\$240
	31731-W	Tu	4:50pm - 5:20pm	\$240
4/3-5/8	31731-X	Tu	5:25pm - 5:55pm	\$240
	31731-Y	Tu	6:00pm - 6:30pm	\$240
	31731-G	W	4:15pm - 4:45pm	\$240
	31731-H	W	4:15pm - 4:45pm	\$240
	31731-I	W	4:50pm - 5:20pm	\$240
4/6 - 5/4	31731-J	W	4:50pm - 5:55pm	\$240
	31731-K	W	5:25pm - 5:55pm	\$240
	31731-L	W	5:25pm - 5:55pm	\$240
	31731-T	W	6:00pm - 6:30pm	\$240
	31731-U	W	6:00pm - 6:30pm	\$240
4/6 - 5/4	31731-M	Sa	9:00am - 9:30am	\$200
	31731-N	Sa	9:35am - 10:05am	\$200
	31731-O	Sa	10:10am - 10:40am	\$200
	31731-P	Sa	10:45am - 11:15am	\$200

SUMMER 1

6/5 - 7/10	41731-A	M	4:30pm - 5:00pm	\$200
	41731-B	M	5:05pm - 5:35pm	\$200
	41731-C	M	5:40pm - 6:10pm	\$200
	41731-D	M	6:15pm - 6:45pm	\$200
6/6 - 7/11	41731-E	Tu	4:30pm - 5:00pm	\$200
	41731-F	Tu	5:05pm - 5:35pm	\$200
	41731-G	Tu	5:40pm - 6:10pm	\$200
6/7 - 7/12	41731-H	Tu	6:15pm - 6:45pm	\$200
	41731-I	W	4:30pm - 5:00pm	\$200
	41731-J	W	5:05pm - 5:35pm	\$200
	41731-K	W	5:40pm - 6:10pm	\$200
	41731-L	W	6:15pm - 6:45pm	\$200

SUMMER 2

7/17 - 8/14	41732-A	M	4:30pm - 5:00pm	\$240
	41732-B	M	5:05pm - 5:35pm	\$240
	41732-C	M	5:40pm - 6:10pm	\$240
	41732-D	M	6:15pm - 6:45pm	\$240
7/18 - 8/15	41732-E	Tu	4:30pm - 5:00pm	\$240
	41732-F	Tu	5:05pm - 5:35pm	\$240
	41732-G	Tu	5:40pm - 6:10pm	\$240
7/19 - 8/16	41732-H	Tu	6:15pm - 6:45pm	\$240
	41732-I	W	4:30pm - 5:00pm	\$240
	41732-J	W	5:05pm - 5:35pm	\$240
	41732-K	W	5:40pm - 6:10pm	\$240
	41732-L	W	6:15pm - 6:45pm	\$240

ADULT BEGINNER SWIM LESSONS

AGES 18+

Adult swim lessons for anyone over the age of 18 who would like to increase their swimming ability and water comfort. This beginner class is designed for individuals with no swimming experience, or those with very little experience. Topics covered will include floating, front crawl, and underwater swimming.

SPRING

4/3-5/8	31810-A	W	11:00am - 11:45am	\$120
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SUMMER 1

6/5-7/3	41810-A	W	12:15pm - 12:45pm	\$120
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SUMMER 2

7/10-8/14	41810-B	W	12:15pm - 12:45pm	\$120
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REGISTER NOW

WHAT YOU NEED TO KNOW BEFORE YOUR FIRST SWIM CLASS!

1. No make-ups will be given for any missed classes. Swim class fees do not include admittance to any open swim times.
2. Please bring hair ties/clips for hair that will hang in the face when wet.
3. Please remove street shoes before entering pool area.
4. Please be sure the student uses the bathroom before class.

STRUCTURED LESSONS

All aquatic instructional programs are offered under the standards of the American Red Cross program. Standardized skills and progress reports will be used in all classes to reflect each student's abilities.

GREATER MIDLAND SWIM PROGRAMS

LEARN TO SWIM LEVELS 1-6

AGES: 3-16 YEARS

Youth lessons, for ages 3 through 16 years old, are DIVIDED BY AGE AND ABILITY within each time slot. All levels, from first time 3 year olds through advanced level 6, will be offered. Sign your child up for a time slot that accommodates your schedule and a qualified Greater Midland Instructor will divide them into the appropriate levels. This accommodates all your children in one time frame!!

SPRING				Member/Participant
4/1-5/6	31001-A	M	4:30pm - 5:15pm	\$90/\$120
	31001-B	M	5:20pm - 6:05pm	\$90/\$120
	31001-C	M	6:10pm - 6:55pm	\$90/\$120
4/2-5/7	31001-E	Tu	4:30pm - 5:15pm	\$90/\$120
	31001-F	Tu	5:20pm - 6:05pm	\$90/\$120
	31001-G	Tu	6:10pm - 6:55pm	\$90/\$120
4/3-5/8	31001-H	W	4:30pm - 5:15pm	\$90/\$120
	31001-I	W	5:20pm - 6:05pm	\$90/\$120
	31001-J	W	6:10pm - 6:55pm	\$90/\$120
4/6-5/11	31001-K	Sa	9:00am - 9:45am	\$90/\$120
	31001-L	Sa	9:50am - 10:35am	\$90/\$120
	31001-M	Sa	10:40am - 11:25am	\$90/\$120

SUMMER 1				
6/3 - 7/1	41001-A	M	4:30pm - 5:15pm	\$75/\$100
	41001-B	M	5:20pm - 6:05pm	\$75/\$100
	41001-C	M	6:10pm - 6:55pm	\$75/\$100
6/4 - 7/2	41001-D	Tu	4:30pm - 5:15pm	\$75/\$100
	41001-E	Tu	5:20pm - 6:05pm	\$75/\$100
	41001-F	Tu	6:10pm - 6:55pm	\$75/\$100
6/5 - 7/3	41001-G	W	4:30pm - 5:15pm	\$75/\$100
	41001-H	W	5:20pm - 6:05pm	\$75/\$100
	41001-I	W	6:10pm - 6:55pm	\$75/\$100

SUMMER 2				
7/8 - 8/12	41003-A	M	4:30pm - 5:15pm	\$90/\$120
	41003-B	M	5:20pm - 6:05pm	\$90/\$120
	41003-C	M	6:10pm - 6:55pm	\$90/\$120
7/9 - 8/13	41003-D	Tu	4:30pm - 5:15pm	\$90/\$120
	41003-E	Tu	5:20pm - 6:05pm	\$90/\$120
	41003-F	Tu	6:10pm - 6:55pm	\$90/\$120
7/10 - 8/14	41003-G	W	4:30pm - 5:15pm	\$90/\$120
	41003-H	W	5:20pm - 6:05pm	\$90/\$120
	41003-I	W	6:10pm - 6:55pm	\$90/\$120

REGISTER NOW

LIFEGUARDING

AGES: 15 YEARS & UP

American Red Cross Lifeguard/First Aid and CPR-PR Training: PREREQUISITES: Swim 300 yards continuously using breaststroke and front crawl, swim 20 yards and dive to a 7 foot depth and retrieve a 10 lb object, return to the starting point and climb out of the pool. Tread water for 2 min. legs only. Must be 15 years old. Cost includes all materials, pocket masks, and certification cards. Online pre-course work required. Registration deadline is April 15, 2024.

SPRING				Member/Participant
4/26 - 4/28	31910-A	F-Su	5:30pm - 8:00pm (Fri)	\$225/\$275
			8:00am - 5:00pm (Sat)	
			9:00am - 2:00pm (Sun)	

LIFEGUARD RECERTIFICATION AGES: 15 YEARS & UP

For those currently certified and needing recertification. This review will cover both lifeguarding and CPR/First Aid course material. Books will not be supplied; pocket masks are required. Test will include swimming prerequisite, lifeguarding skills including CPR and backboarding, and written test. This is a blended recertification. There will be work that will need to be done before the start of class. Registration deadline is April 15, 2024.

SPRING				Member/Participant
4/25	31913-A	Th	5:00pm - 9:30pm	\$100/\$125

SWIM TEAM

MIDLAND DOLPHINS SWIM TEAM

Powered by the Greater Midland Community Center, the mission of the Midland Dolphins Swim Team is to promote competitive swimming in the Midland community while allowing



each athlete to achieve his or her personal goals. We do this by providing the opportunities for our swimmers to swim at both local and competitive swim meets. Prices for all groups are based on a weekly fee and weeks change from session to session.

INFO: Buffy Hall at midlanddolphins@greatermidland.org

2024 SPRING/SUMMER SESSION CALENDAR

SPRING: MARCH 31- MAY 9

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PRESCHOOL AQUATICS Pg. 4		<u>Aqua Babies</u> 4:30pm - 5:00pm <u>Guppies</u> 5:05pm - 5:35pm <u>Goldfish</u> 5:40pm - 6:10pm		<u>Aqua Babies</u> 4:30pm - 5:00pm <u>Guppies</u> 5:05pm - 5:35pm <u>Goldfish</u> 5:40pm - 6:10pm			<u>Aqua Babies</u> 9:00am - 9:30am <u>Guppies</u> 9:35am - 10:05am <u>Goldfish</u> 10:10am - 10:40am
PRESCHOOL GYMNASTICS Pg. 5			<u>Hoppers</u> 5:00pm - 5:30pm <u>Tumble Jungle</u> 5:35pm - 6:20pm	<u>Hoppers</u> 9:25am - 9:55am			<u>Hoppers</u> 9:00am - 9:30am <u>Tumble Jungle</u> 9:35am - 10:20am
PRESCHOOL ATHLETICS Pg. 5		<u>Mini Sports Sampler</u> 5:00 pm - 5:30pm <u>Basketball, T-Ball & Soccer</u> 5:35pm - 6:20pm	<u>Mini Sports Sampler</u> 5:10pm - 5:40pm <u>Basketball, T-Ball & Soccer</u> 5:45pm - 6:30pm				
YOUTH GYMNASTICS Pg. 6			<u>Warrior Zone</u> 6:25pm - 7:10pm		<u>Intro to Gymnastics</u> 5:00pm - 5:55pm <u>Beginner</u> 6:00pm - 6:55pm <u>Intermediate</u> 7:00pm - 7:55pm		<u>Intro to Gymnastics</u> 10:25am - 11:20am <u>Warrior Zone</u> 11:25am - 12:10pm
YOUTH CHEER & POM Pg. 7				<u>Intro to Cheer & Pom</u> 6:00pm - 6:55pm			
YOUTH BASKETBALL PROGRAMS Pg. 7		<u>I Dream - Junior Basketball League (K-2)</u> 6:25pm - 7:20pm	<u>I Dream - Junior Basketball League (K-2)</u> 6:35pm - 7:30pm	<u>Private Lesson</u> 4:00pm - 4:40pm <u>Private Lesson</u> 4:45pm - 5:25pm <u>Private Lesson</u> 5:30pm - 6:10pm	<u>Semi Private Lesson</u> 4:00pm - 4:40pm <u>Semi Private Lesson</u> 4:45pm - 5:25pm <u>Semi Private Lesson</u> 5:30pm - 6:10pm <u>Pros Basketball Clinic</u> 5:30pm - 6:25pm <u>Champions Basketball Clinic</u> 6:30pm - 7:25pm		
YOUTH VOLLEYBALL PROGRAMS Pg. 8				<u>Youth Volleyball Clinic</u> 4:30pm - 5:25pm <u>Youth Volleyball Clinic</u> 4:30pm - 5:25pm <u>Middle School Youth Volleyball Clinic</u> 5:30pm - 6:30pm			

2024 SPRING/SUMMER SESSION CALENDAR

SPRING: MARCH 31 - MAY 9

AQUATICS: Greater Midland Swim Levels are divided by AGE AND ABILITY within each time slot. Sign your child up for the time that accommodates your schedule and a qualified Greater Midland Instructor will divide him/her into the appropriate levels. This allows you to accommodate all of your children in one time frame! See pg. 14-15 for more details.

AQUATICS Pg.14-15	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<u>Private/Semi Private Lessons</u> 4:15pm - 4:45pm 4:15pm - 4:45pm 4:50pm - 5:20pm 4:50pm - 5:20pm 5:25pm - 5:55pm 5:25pm - 5:55pm 6:00pm - 6:30pm 6:00pm - 6:30pm <u>Learn to Swim Levels 1-6</u> 4:30pm - 5:15pm 5:20pm - 6:05pm 6:10pm - 6:55pm	<u>Private/Semi Private Lessons</u> 4:15pm - 4:45pm 4:15pm - 4:45pm 4:50pm - 5:20pm 4:50pm - 5:20pm 5:25pm - 5:55pm 5:25pm - 5:55pm 6:00pm - 6:30pm 6:00pm - 6:30pm <u>Learn to Swim Levels 1-6</u> 4:30pm - 5:15pm 5:20pm - 6:05pm 6:10pm - 6:55pm	<u>Adult Beginner</u> 11:00am - 11:45am <u>Private/Semi Private Lessons</u> 4:15pm - 4:45pm 4:15pm - 4:45pm 4:50pm - 5:20pm 4:50pm - 5:20pm 5:25pm - 5:55pm 5:25pm - 5:55pm 6:00pm - 6:30pm 6:00pm - 6:30pm <u>Learn to Swim Levels 1-6</u> 4:50pm - 5:15pm 5:20pm - 6:05pm 6:10pm - 6:55pm		<u>Lifeguarding</u> 5:30pm - 8:00pm	<u>Private/Semi Private Lessons</u> 9:00am - 9:30am 9:35am - 10:35am 10:10am - 10:40am 10:45am - 11:15am <u>Learn to Swim</u> 9:00am - 9:45am 9:50am - 10:35am 10:40am - 11:25am



For more information about our programs visit: GREATERMIDLAND.ORG/PROGRAMS



*Providing Michigan With Professional
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- Microsoft Office 365
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- Onsite Installation and Setup

989-837-3060 | 4324 N Saginaw Rd. Midland, MI | www.linkedtech.com | Monday-Friday 8:00am - 5:00pm | [f @LinkedTech](https://www.facebook.com/LinkedTech)

2024 SPRING/SUMMER SESSION CALENDAR

SUMMER 1: JUNE 2 - JULY 6

PRESCHOOL AQUATICS Pg. 4	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Aqua Babies 4:30pm - 5:00pm 6:15pm - 6:45pm Guppies 5:05pm - 5:35pm Goldfish 5:40pm - 6:10pm		Aqua Babies 4:30pm - 5:00pm Guppies 5:05pm - 5:35pm 6:15pm - 6:45pm Goldfish 5:40pm - 6:10pm			

AQUATICS: Greater Midland Swim Levels are divided by AGE AND ABILITY within each time slot. Sign your child up for the time that accommodates your schedule and a qualified Greater Midland Instructor will divide him/her into the appropriate levels. This allows you to accommodate all of your children in one time frame! See pg.14-15 for more details.

AQUATICS Pg. 14-15	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<u>Private/Semi Private Lessons</u> 4:30pm - 5:00pm 5:05pm - 5:35pm 5:40pm - 6:10pm 6:15pm - 6:45pm <u>Learn to Swim Levels 1-6</u> 4:30pm - 5:15pm 5:20pm - 6:05pm 6:10pm - 6:55pm	<u>Private/Semi Private Lessons</u> 4:30pm - 5:00pm 5:05pm - 5:35pm 5:40pm - 6:10pm 6:15pm - 6:45pm <u>Learn to Swim Levels 1-6</u> 4:30pm - 5:15pm 5:20pm - 6:05pm 6:10pm - 6:55pm	<u>Private/Semi Private Lessons</u> 4:30pm - 5:00pm 5:05pm - 5:35pm 5:40pm - 6:10pm 6:15pm - 6:45pm <u>Learn to Swim Levels 1-6</u> 4:30pm - 5:15pm 5:20pm - 6:05pm 6:10pm - 6:55pm			

SUMMER 2: JULY 7 - AUGUST 17

PRESCHOOL AQUATICS Pg. 4	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Aqua Babies 4:30pm - 5:00pm Guppies 5:05pm - 5:35pm Goldfish 5:40pm - 6:10pm		Aqua Babies 4:30pm - 5:00pm 6:15pm - 6:45pm Guppies 5:05pm - 5:35pm Goldfish 5:40pm - 6:10pm 6:15pm - 6:45pm			

AQUATICS: Greater Midland Swim Levels are divided by AGE AND ABILITY within each time slot. Sign your child up for the time that accommodates your schedule and a qualified Greater Midland Instructor will divide him/her into the appropriate levels. This allows you to accommodate all of your children in one time frame! See pg. 14-15 for more details.

AQUATICS Pg. 14-15	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<u>Private/Semi Private Lessons</u> 4:30pm - 5:00pm 5:05pm - 5:35pm 5:40pm - 6:10pm 6:15pm - 6:45pm <u>Learn to Swim Levels 1-6</u> 4:30pm - 5:15pm 5:20pm - 6:05pm 6:10pm - 6:55pm	<u>Private/Semi Private Lessons</u> 4:30pm - 5:00pm 5:05pm - 5:35pm 5:40pm - 6:10pm 6:15pm - 6:45pm <u>Learn to Swim Levels 1-6</u> 4:30pm - 5:15pm 5:20pm - 6:05pm 6:10pm - 6:55pm	<u>Private/Semi Private Lessons</u> 4:30pm - 5:00pm 5:05pm - 5:35pm 5:40pm - 6:10pm 6:15pm - 6:45pm <u>Learn to Swim Levels 1-6</u> 4:30pm - 5:15pm 5:20pm - 6:05pm 6:10pm - 6:55pm			



THANK YOU DONORS!

Thank you to all the people and organizations who have donated to the Greater Together campaign. Your contributions make this crucial community gem possible.



Herbert H. and
Grace A. Dow
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Rollin M.
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THE ALDEN AND VADA DOW FAMILY FOUNDATIONS



THE
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